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What seeking justice for sexual assault looks like. A survivor's story,
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Your essential daily news | WEDNESDAY, OCTOBER 12, 2016 | High 21°C/Low 14°C Sunny

Welcome to 2016, professor

University of Toronto under fire for prof's 'transphobic' lectures

May Warren
Metro | Toronto

Students are demanding the University of Toronto take action in the face of "transphobic" comments made by psychology professor Jordan Peterson.

In video lectures posted on YouTube, Peterson criticizes Bill C-16, which would amend the Canadian Human Rights Act and Criminal Code to include protection for gender identity or expression.

He also refuses to honour non-binary students' request for gender neutral pronouns, saying "I don't know what the options are if you're not a man or a woman."

Denio Lourenco, LGBTQ coordinator with the University of Toronto Mississauga Students' Union, called Peterson's comments "disturbing" and accused the prof of trying to "hide behind the shield of academic freedom."

The students' union, along with a number of other campus groups, has penned an open letter to the administration condemning Peterson's remarks and demanding an apology.

"Although this is very much about him, it's also about demanding accountability from the university," Lourenco said.

Signed by representatives from LGBTOUT, the Black Liberation Collective and the student union, the letter calls for a full retraction of Peterson's comments and the removal of his lectures from YouTube.

It also demands the university defend students against future "prejudiced" comments from tenured professors.

Lourenco said U of T's own policies support an environment free of discrimination and harassment.

"They actually made a commitment, we just need them to follow through with it at this point," he said.

University of Toronto spokesperson Elizabeth Church said the university has received the letter and is "considering it."

Peterson told Metro he has no plans to either apologize or retract his statements. "The whole letter is just basic ideological boilerplate, it's exactly what you'd expect," he said after speaking at a campus rally Tuesday.

The rally, organized by Peterson's supporters, became tense at times, as other students challenged his views, and each other.

At one point a fire alarm went off, causing students to spill out onto the steps of Sidney Smith Hall on the downtown campus, where the event was taking place.

Jordan Peterson during a heated debate with students on Tuesday.
EDUARDO LIMA/METRO

What you had to say about Peterson's message, page 8

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metro NEWS

Your essential daily news

Top soldier fined for nearly hitting fellow officer with stray gunshot. **Canada**

Sophie Grégoire Trudeau poses for selfies Tuesday after taking part in a discussion with girls who participated in the #GirlsBelongHere initiative and were given the opportunity to spend a day in the seats of Canadian leaders. EDUARDO LIMA/METRO

DAY OF THE GIRL

Selfies, social media for Gregoire Trudeau

Justin Trudeau used his Instagram account to promote a different sort of gender equality Tuesday: spouse Sophie finally getting with the social-media program.

Sophie Gregoire Trudeau used the occasion of International Day of the Girl to launch newly established Facebook and Instagram feeds of her own.

"For the past decade or so, I've resisted getting on social media in every way," Gregoire Trudeau wrote in a message that appeared on both accounts.

"About time, eh?" the prime minister quipped.

Gregoire Trudeau attributed her change of heart to being a 41-year-old mother of three young children and an activist for the rights of women and girls.

"It's time," she wrote. "On this International Day of the Girl, it's time to share the amazing journey we're on together."

THE CANADIAN PRESS

Museum vase to stand tall

ART

Artist to create ceramic piece for front yard of the Gardiner

Gilbert Ngabo
Metro | Toronto

There's new décor coming to the front yard of the Gardiner Museum.

And it's a giant vase with legs.

Toronto artist Shary Boyle was recently announced as the winner of the ceramic sculpture competition launched earlier this year. More than 60 artists from across the country submitted applications for the job, and Boyle beat out other distinguished finalists including Christopher Reid Flock, Linda Lawson and Brendan Lee Satish Tang.

What's even more exciting for her than working on this sculpture is the exposure it'll bring to local ceramic works.

"This is an art form that's so overlooked," she said, noting some people find it boring, conservative and static in nature. "So I wanted to bring something that is engaging, funny, warm and really accessible but with many hidden layers."

The 11-foot-tall vessel makes allusion to human existence and food, she said, noting people eat from a bowl and drink from a cup. With clay being the first synthetic material human beings invented, it's only fitting that a reputable organization such as the Gardiner Museum recognizes such art works, she said.

It's not immediately clear when she'll be able to complete the vessel, but the initial plan was to have it unveiled next summer to coincide with the country's 150th anniversary. It will be positioned alongside the Jun Kaneko head, creating a pair of outstanding monuments near Queen's Park.

"Ceramic is an art medium for people who enjoy the process," she said, noting creation may be slower as it involves a lot of trial and error. "But once we have it ready, it'll be quite looming, with some kind of pop appeal and vintage Canadiana patterns."

A rendering of the vessel that will sit in front of the Gardiner Museum. CONTRIBUTED

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‘City stuck in tracks on development’

METROLINX

Station space dispute spurs fresh criticism

A dispute over a piece of land in midtown is reigniting debate about whether Toronto is doing enough to integrate transit with development projects.

Terranata Developments Inc. is slamming Metrolinx, the provincial transit agency, for scuttling a deal that would have allowed the company to build a 15-storey mixed-use tower above the planned Avenue Rd. station on the $5.3-billion Eglinton Crosstown LRT line. The tower would have incorporated the station and, according to John Aquino, a partner at Terranata, provided Metrolinx and the local community with numerous benefits.

Aquino said Terranata offered millions of dollars for the air rights above the station, and would have granted the agency’s contractor permission to use its property as a construction staging area. Aquino argued that would have reduced the need for road closings and limited the effect on a nearby park, where Metrolinx intends to cut down about two dozen trees.

“We were very disappointed to be shot down,” said Aquino, who learned the proposal had been rejected via a letter from Metrolinx in August.

“Metrolinx and the government lost a big opportunity here to get revenue to offset the capital cost (of the transit line.)”

Aquino’s comments echo longstanding criticism from urban design experts, politicians and developers who charge that, historically, Toronto hasn’t done enough to unlock the value of transit stations by allowing development on top of them. TORSTAR NEWS SERVICE

The construction site at Keele Street and Eglinton Avenue. MELISSA RENWICK/TORSTAR NEWS SERVICE

TORONTO’S DEADLY STREETS

Pedestrian struck, killed in Don Mills

A pedestrian has been struck and killed in the Don Mills area, police say.

Emergency crews rushed to the area of Silverdale Cres. and York Mills Rd. at about 11:55 a.m. Tuesday.

The pedestrian died half an hour later, police say.

Paramedics were still at the scene and had not transported the patient prior to their death.

Details on the victim’s age and gender have not been released. There have already been 33 pedestrian traffic fatalities in Toronto in 2016. TORSTAR NEWS SERVICE

Four die in crash

A fiery two-car crash in Brampton on Monday night has left four people dead, including two sisters, Peel Regional Police say.

Police say they received calls for the collision at 8:45 p.m. on Bovaird Dr. between Hurontario St. and Van Kirk Dr. Const. Mark Fischer said a 1998 Pontiac Trans Am travelling westbound crossed over into the eastbound lanes for “unknown reasons.”

The car then collided with a 2016 Kia. Paramedics and firefighters rushed to the crash, where they found the two vehicles “engulfed in flames,” according to police. TORSTAR NEWS SERVICE

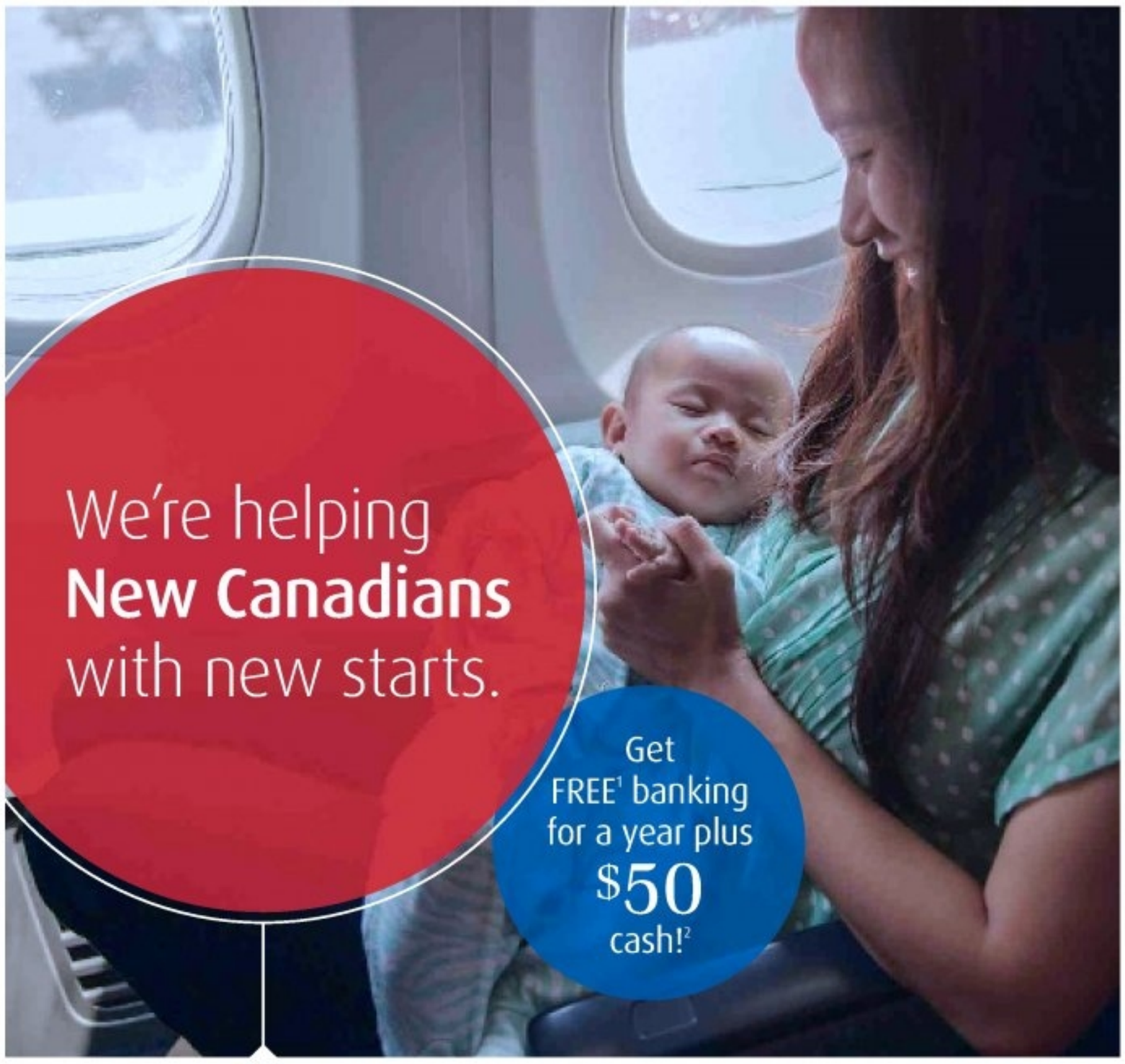
IN BRIEF

Officers charged

Ontario’s police watchdog has charged three Toronto police officers with assault following an incident during a 2013 arrest.

A 46-year-old man was arrested at his home on Feb. 13, 2013, and was taken to a police station in the back of a police cruiser, the Special Investigations Unit said Tuesday morning.

There was “an interaction” between the man and three officers during transportation, the SIU says, and the man was taken to Humber River Regional Hospital to examine what was determined to be a serious injury. TORSTAR NEWS SERVICE



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Time to act on reconciliation

HERITAGE

Activists want Toronto to recognize its real history

Luke Simcoe
Metro | Toronto

There's a mural in the basement of City Hall that Sam Mukwa Kloetstra believes sums up Toronto's relationship with its aboriginal past.

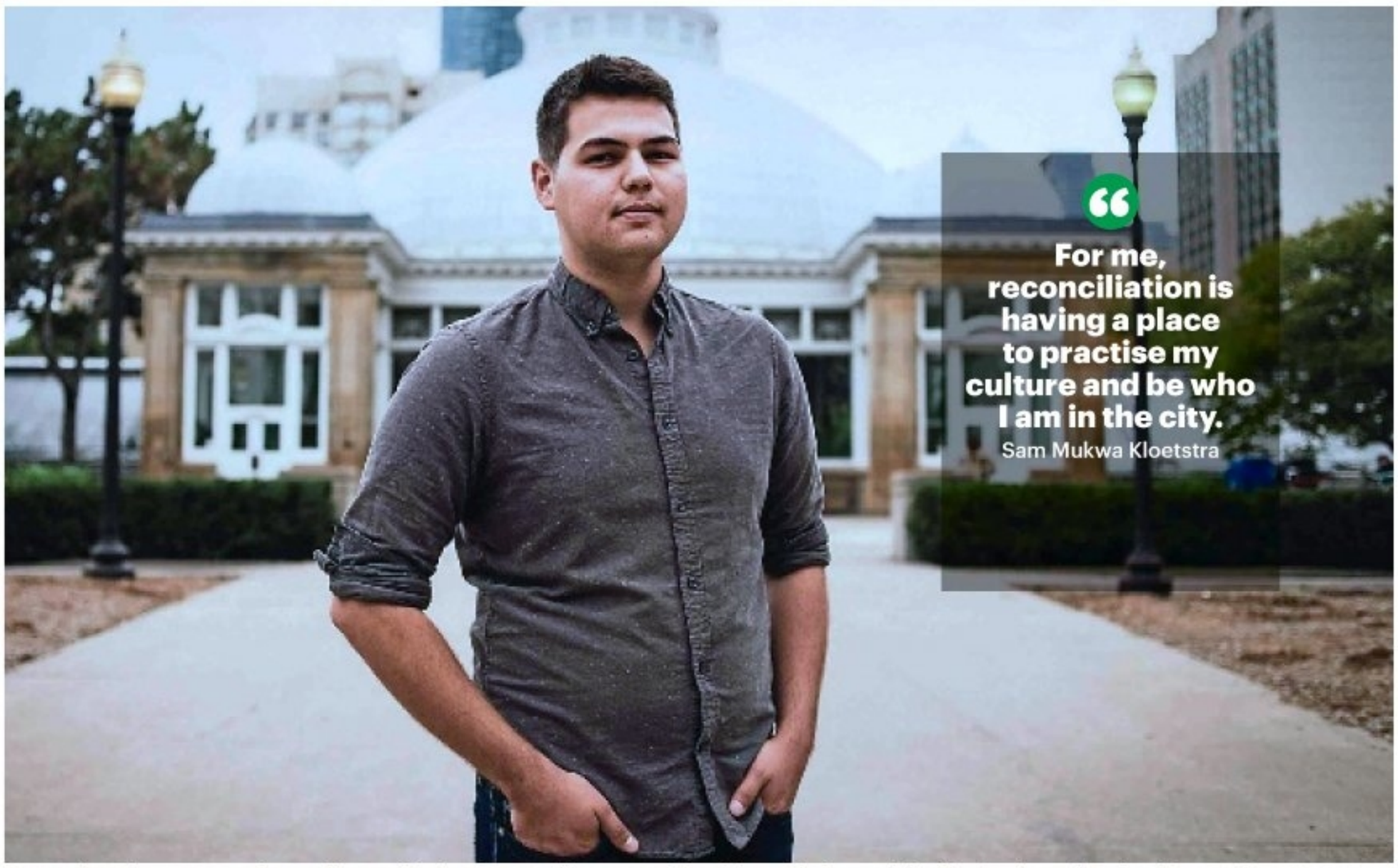
"It depicts the creation of Toronto. There are indigenous people in the first two panels, but after that, we're done," he said.

Kloetstra is a youth co-ordinator with the Toronto Indigenous Health Advisory Circle. He's part of a growing movement to acknowledge — and reveal — Toronto's Aboriginal history.

He'll be speaking on the issue Thursday, as part of a salon organized by Coun. Kristyn Wong-Tam exploring how Toronto can enact the 94 recommendations made by the Truth and Reconciliation Commission (TRC).

"I love indigenous people and culture, but I also love urban planning," Kloetstra said. "So, when they come together, sparks fly for me."

When he was a teenager, Kloetstra moved from the Mattagami First Nation in northern Ontario to Toronto. Numerous indigenous Canadians are moving to urban centres, but like Kloetstra, they don't see themselves reflected in the communities they've chosen to call home.



Sam Mukwa Kloetstra, a youth co-ordinator with the Toronto Indigenous Health Advisory Circle, stands in Allan Gardens, where local Coun. Kristyn Wong-Tam has pitched a truth and reconciliation pathway to honour Toronto's indigenous heritage. EDUARDO LIMA/METRO

Whether it's urban farming using traditional techniques, murals like the one painted in Allan Gardens in 2013, or a recent initiative adding indigenous place names to local street signs, Kloetstra says there is ample opportunity for making Toronto's aboriginal history more visible.

Kloetstra said it's possible to find indigenous heritage across the city.

"I love the intersection of Bay and King. It's filled with skyscrapers, which contrast to my way of indigenous thinking, but it also calls back to it through the act of trading. The Toronto Stock Exchange is still there," he said, noting indigenous people would meet in the vicinity to trade with each other centuries ago.

Wong-Tam's Ward 27 is home to a sizable urban aboriginal population. As a result, the councillor says she's asked for all new developments and projects in her ward to be viewed through an "indigenous placemaking lens."

She hopes Thursday's salon will raise awareness of the TRC report and its implications for Toronto.

"As cities grow and develop we have to provide some execution and action to the TRC recommendations," she said. "We have to take those recommendations and give them life."

DETAILS

Thursday's Salon 27 event takes place at the YMCA at 87 Elm St., starting at 6:30 p.m. Coun. Kristyn Wong-Tam will moderate a discussion with four leaders from the local indigenous community about building a more inclusive city.

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Activists stage a protest advocating for Missing and Murdered Aboriginal Women in Northern Ontario last year. A report finds that of the few indigenous stories June 2015 to March 2016, most were about aboriginal women. TORSTAR NEWS SERVICE

Indigenous issues don't get much ink

AWARENESS

Report finds they represent 0.5 per cent of media stories

Gilbert Ngabo
Metro | Toronto

Media outlets in Ontario still have a long way to go towards giving indigenous issues fair — and adequate — coverage, a new report suggests.

Journalists for Human Rights, a Toronto-based media development organization working in Canada and abroad, has released new findings showing aboriginal people and issues remain underrepresented in mainstream media across the province.

Dubbed Buried Voices, the report analyzed media stories about aboriginal topics, and found they represented a mere 0.5 per cent of all coverage. For the period June 2015 to March 2016, only about 7,500 of 1.5 million stories published in Ontario were about aboriginal issues.

It's a very unbalanced picture that shows why much of Ontario and Canada are less informed about issues indigenous people face, said JHR's executive director Rachel Pulfer.

"We need to hear more indigenous voices," she said. "Only diversity in newsrooms will lead to diversity in coverage."

Although still very low, the findings represent an improvement from the initial results back in 2013. Back then, aboriginal stories accounted for 0.3 per cent of coverage, and 39 per cent of the stories were told "with negative tone."

Those results prompted JHR to launch the Indigenous Reporters Program, which sends trainers to Northern Ontario communities to teach basic journalism skills. The goal is to get more young indigenous people telling their own stories, while informing non-indigenous journalists how best to tell aboriginal stories.

About 400 people have been trained through the program and several have gone on to become freelance reporters or media trainers themselves.

"It's great to see content being created from within the communities," said program manager Lenny Carpenter, who is from Attawapiskat First Nation.

4,302

Total stories featuring indigenous issues out of a total 1,073,222 stories across Ontario. That's 0.4 per cent, the majority of which (19 per cent) were about indigenous women.
SOURCE: JOURNALISTS FOR HUMAN RIGHTS

RESPECT

Cleveland team's name problem

Let's just call them the baseball team from Cleveland.

That seems to be the consensus from local indigenous people as Cleveland gets ready to host the Toronto Blue Jays this Friday for the ALCS playoffs. The hashtag #NotYourMascot has been trending in Toronto and Canada since Tuesday, with many people calling on the team to remove the word "Indian" from its name.

Some local broadcasters have said they'll not mention the word as part of their coverage.

"I don't understand how this term stuck around for so long," said Wesley Marsden, a Toronto resident and First Nations member who grew up on a reserve in Aldreville.

The Cleveland team has long faced backlash for its Chief Wahoo logo, recently changed to a bold "C" instead. However, the image is still available on official team merchandise.

"It's inappropriate and offensive. It reduces us Indigenous people to caricature,," said Lenny Carpenter, originally from Attawapiskat.

Aboriginal rights advocate Maggie Wente said teams change names and logos even when there's no controversy, and it shouldn't even be a discussion."
GILBERT NGABO/METRO

9/10

Number of native Americans polled by the Washington Post who didn't find the local football team name, the Washington Redskins, offensive. Meanwhile, 7/10 didn't find the word redskin to be disrespectful to Native Americans, and 8/10 said they wouldn't be offended if a non-native called them a redskin.

Students weigh in on professor

University of Toronto professor Jordan Peterson recently ignited a furor with his YouTube lecture comments about gender identity. Metro stopped by the U of T's downtown campus to ask students what they think, as tempers flared at a rally in support of Peterson. A protest was also held last week that criticized his remarks.

MAY WARREN METRO

ALL PHOTOS EDUARDO LIMA/METRO

If Peterson is not going to provide an environment to trans students where they can reasonably expect to be free from discrimination and harassment then the university administration needs to do something to intervene.

Cassandra Williams

I don't think Dr. Peterson should retract his statements or apologize. I'm not necessarily saying I agree with everything Dr. Peterson says, but I think what he said is reasonable.

Ettore Fiorani

He really does not understand what trans identities are. He doesn't understand what our community is about. Really we'd like him to educate himself, to know what he's talking about.

Lane Patriquin

I personally don't think he should be fired. He has a right to free speech.

Josephine Mathias

TRIBUNAL

Lawyer convicted for child porn keeps licence

Ontario's Law Society Tribunal has decided not to suspend the legal licence of a Toronto-area family lawyer convicted of a child pornography offence.

It dismissed the application from the Law Society of Upper Canada, which argued Martin Schulz, who has an office in Mississauga, posed an elevated risk to the public based on his 2016 conviction.

The law society was seeking a temporary suspension of Schulz's licence pending a final review and decision on his status, but the tribunal disagreed with the society's position.

They said Schulz poses an extremely low risk to reoffend, has abided by all conditions imposed upon him since his arrest in 2013, and does not pose a risk to the public.

They found, however, that there was a risk of harm to the public interest in the administration of justice if there were no temporary restrictions placed on Schulz's family law practice.

For now, the tribunal said Schulz cannot represent anyone under the age of 18 or be alone with youth in connection with his practice with the exception of his two children.

The tribunal said such measures would be enough to mitigate the risk to the administration of justice, but was unequivocal that Schulz posed no threat to the public if allowed to continue practising law.

"The Lawyer has no history of any offence involving physical contact, and no other criminal history," the tribunal wrote in its decision handed down last month. "We find no reasonable grounds for believing that a significant risk of harm to members of the public exists."

Schulz's legal saga began in November 2013 when he was arrested and charged with two counts of possession of child pornography and one count of making child pornography available, according to the tribunal decision.

In March 2016, Schulz filed an admissions document in court and was convicted of one count of possession after the Crown withdrew the other two.

In that document, Schulz admitted to having 101 photos and 155 movies on his personal devices. THE CANADIAN PRESS

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360 Kids gives homeless teens housing and a drop-in centre

Sabrina Wilson-Moore, 17, works in the common lounge area at 360 kids on Sept. 21. 360 kids' Home Base Youth Drop-In Centre in Richmond Hill provides shelter and support to York Region youth who truly need it. CHRIS SO/TORSTAR NEWS SERVICE

Sabrina Wilson-Moore talks with the confidence of an adult, but behind her braces-filled smile is a different story.

The 17-year-old Markham teenager speaks openly about the last two years of her life: leaving home, couch surfing, travelling across the GTA from Hamilton to Barrie, unsure of where her next meal or her next safe night might be.

That was, until she heard about 360 Kids, an organization that delivers a host of support programs and emergency housing to at-risk youth across York Region, many of which are based out of a new community housing hub in Richmond Hill.

Wilson-Moore showed up at the hub located at 10415 Yonge St., two months ago, after a school therapist told her about the shelter. She said it's unlike any of the shelters she has visited. "Other places, someone overdoses, and they just flip the mattress over," she said. "Here, even the showers are so clean. We don't even worry about shoes," she said.

The gender-neutral facility includes a youth drop-in centre, emergency shelter beds and transitional housing for at-risk kids. The facility, funded in part by the Region of York and the Town of Richmond Hill, opened earlier this year.

Before then, the closest women-only youth shelter was in Sutton, said Lesley Sims, director of resource development at 360 Kids. For boys, the closest shelter is Newmarket, she said.

"Many shelters are just focused on housing, on getting through the night," said Sims. "Our focus is about family re-integration or how to transition to independent living," she said. "We are all about the wrap-around support services, that 360 approach to housing, counselling, employment — and now education," she said.

> **Other places, someone overdoses and they just flip the mattress over.**
> Sabrina Wilson-Moore

That's the other draw for Wilson-Moore and other youth like her staying at the hub: a chance to finish high school.

After two years of co-ordination, 360 Kids and the York Region District School Board have created a unique alternative-education program, iGrad, to give street kids the opportunity to finish their schooling — without the demands and rigours of traditional classrooms.

The program, in which Wilson-Moore is enrolled, gives homeless youth a flexible and commitment-free way to earn credits toward earning their diplomas, said Tod Dungey, principal with continuing education services at the York school board.

"The board wanted to provide a way to bring education to individuals, who for a variety of reasons were unable to access it," he said.

TORSTAR NEWS SERVICE

Coun. Shelley Carroll.
TORSTAR NEWS SERVICE FILE

POLITICS

Coun. Carroll eyes Liberal nomination

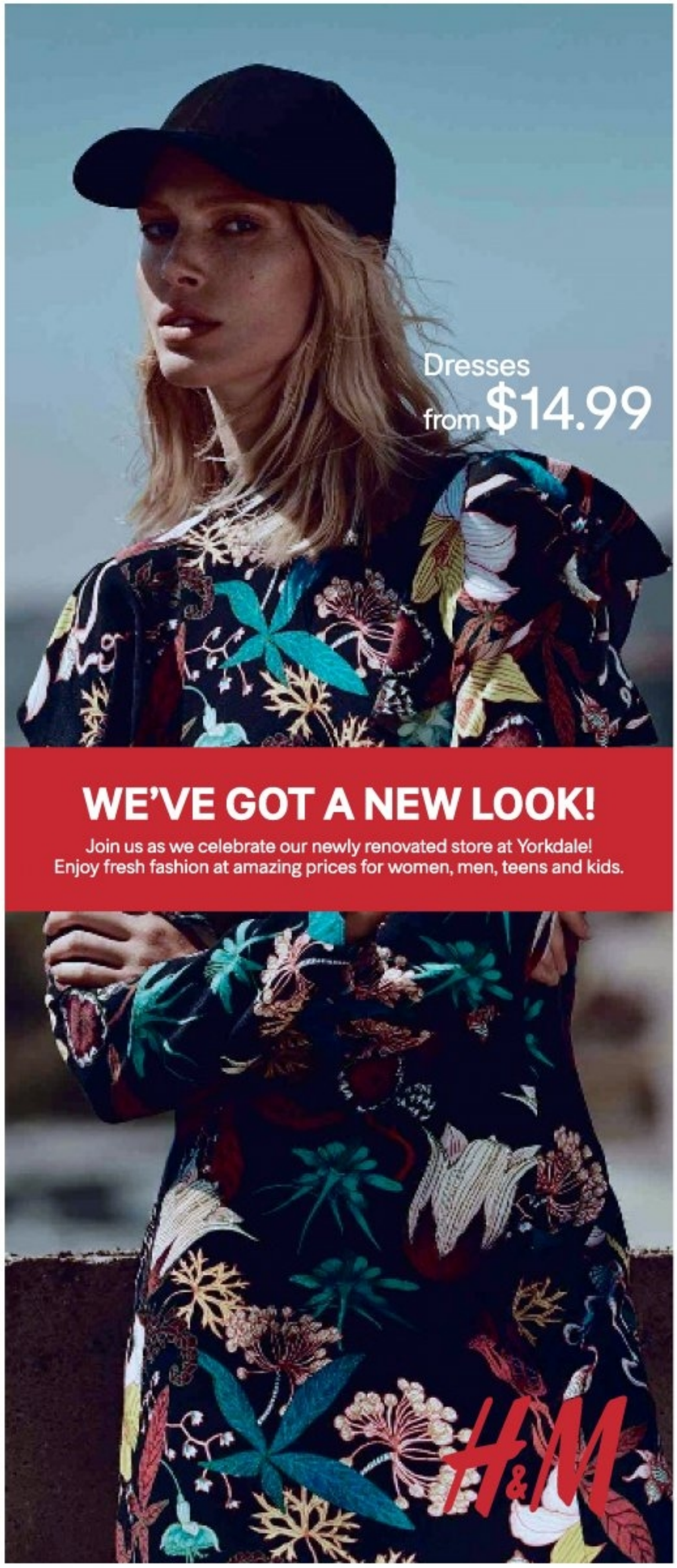
A veteran of Toronto politics who served under three mayors is looking to move to Queen's Park. Coun. Shelley Carroll, who has represented her Ward 33 (Don Valley East) for 13 years, is seeking the Liberal nomination in the newly formed Don Valley North.

"To me this is about renewal. You shouldn't necessarily sit in one place forever and ever, amen," said Carroll, who, elected to council in 2003, is part of a group of relative veterans that arrived at city hall under David Miller's first administration.

It's about renewal for the Liberal party as well, she said, going into the 2018 election.

"There have been times in Canadian history where a government is in office for a long time. And even within the time you're in office, you can start renewing your caucus and that's what's going to happen here in 2018 if the Liberal party is to stay in government."

TORSTAR NEWS SERVICE



Yeah, it's a banner year for the Jays

BLUE JAYS

Meet the fan behind the message that's a real hit

Colin McNeil
Metro | Toronto

Bautista batflip, move over. Toronto Blue Jays fans have a new social media sensation.

Lifelong Jays fan George Christopoulos' "would rather get punched in May than knocked out in October" banner went viral Sunday night, after Toronto's extra innings sweep of the Texas Rangers for the MLB American League Division Series.

Images of the clever word play, a reference to the pugilistic outburst from Rangers player Rougned Odor during a heated game in May, were a one-two punch on social media. Call it the Twitter version of a Bautista bat flip.

It was the "perfect banner for the perfect moment," Christopoulos told Metro. "We were sure it was going to be a hit."

The diehard Jays fan said the fact that it was an error by Odor (the player that punched Blue Jays star Jose Bautista in the face earlier this year) that lost Texas the game made the fan sign all the more poignant. "We got sweet revenge," he said.

The Toronto pharmacist says his banner is indicative of the "amazing" fans Toronto has. The Blue Jays, he says, bring together all types in Hogtown, "from kids to grandparents, everyone's on board."

The now Internet-famous banner will be on display at Christopoulos' Danforth and Pape pharmacy.

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THEATRE

Shakespeare group plays to the people

May Warren
Metro | Toronto

Victoria Urquhart got an unexpected request after she and her fledgling theatre troupe performed a Shakespearean mash-up on the subway six years ago.

"My grandmother called and said, 'I'd love for you to come to my retirement residence,'" she recalls.

The rest is history.

The Spur-of-the-Moment Shakespeare Collective kicks off its ninth session of bringing the Bard's comedies and tragedies to unlikely places on Oct. 21. The 13-member group will perform bits and pieces from different plays at shelters, hospitals, senior residences and hospices across Toronto.

The theme this year is "finding a common language," and they'll be providing some translations along with developing a few scenes in languages other than English.

"It doesn't matter what language you speak, whether it's Shakespeare or Spanish, you still understand the human connection," Urquhart said.

The collective performs in cafeterias, on more traditional stages and at individual bedsides, where Urquhart said they often have the most "meaningful interactions."

For performer Genevieve Adam, who will play fairy king Oberon in A Midsummer Night's Dream, it's about showing audiences that Shakespeare is not just something "old people watch at Stratford."

"People are always like 'the arts, what's the point?' this feels like a way to demonstrate the value," she said.

The beauty of Shakespeare, said Darcy Gerhart, one of the directors, is that even 400 years later "the characters are some of the most full, rich people you'll ever encounter," something that's especially needed when people are waiting for surgery or important test results.

"It can open up their worlds a bit," Gerhart said. "And remind them of what life is like beyond those walls."

> **It's redefining how we can make theatre.**
> Victoria Urquhart

From left: The fall 2016 cast of the Spur-of-the-Moment Shakespeare Collective includes Ermina Perez, Jordi O'Dael, Emma Tse, Bilal Baig, Amaka Umeh and Genevieve Adam.
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Five years, 21 rooms, no permit

DEVELOPMENT

Brothers' student residence stands empty

First, they started building a four-bedroom house without a permit.

But what two brothers ended up building wasn't the single-family home they'd promised — it was a 21-room student residence, also without a permit.

Now the building sits empty because the City of Toronto refuses to let anyone occupy it. And last week a court ruled against the brothers, who wanted a permit for the now-completed building.

For five years, Steve and Luke Williamson have been embroiled in a dispute with the city over the construction on Victoria Park Ave. near Finch Ave.

"It's a witch hunt," said Steve Williamson, who admits he made a mistake but doesn't feel the city is helping reach a resolution.

The property at 2720 Victoria Park Ave. TORSTAR NEWS SERVICE

"They built without a permit," said Tim Carre, a lawyer for the city. "Then once they got a permit they did not build within accordance of that permit. They've had people in the building occupying it in a manner that was contrary to the building code, contrary to the fire code.

"They've had every opportunity to bring it into compliance and they've chosen thus far not to."

Williamson said he has become disillusioned by the slow pace of the permit and inspection process.

"I don't feel that they're trying to get anything constructive done," he said. "They're just trying to stick it to me every which way possible."

On Oct. 3, an Ontario Superior Court judge dismissed an appeal brought by the Williamsons after the city denied their attempt to get a retroactive permit for the already completed 21-room building.

Steve Williamson told the Star that when he and his brother filed their first permit application in 2011, they intended to build a four-bedroom family home, as promised.

But then, Williamson said, he was approached by local high schools who said they had international students in need of housing and wondered if the brothers were building rental properties.

"So I was like, 'You know what? I could make some more bedrooms,' " said Williamson.

"From a business standpoint … if there's a need for it, then it's like, 'OK, then go this way.' "

The city said students from the nearby William Academy private school were found living in the Williamsons' building in 2015. A spokesman for the school said it was the Williamsons who approached them about renting rooms to students.

Williamson said he still believes there is a need for student rentals in the community and

> **"So I was like, 'You know what? I could make some more bedrooms.'**
> Steve Williamson

that most such residences fail to comply with the building code.

"Show me a legal student rental. Show me one," he said. "If any place should be legit, I think it should be one that's not hard on the eyes, you're on a major street, close to the bus stop."

Carre said the city has gotten a court order to stop the Williamsons' property from being occupied until it is brought into compliance with building code.

That means the Williamsons can either alter the building to fit their four-bedroom family residence permit, which is still valid, or they can try to have the property zoning changed.

Williamson said he is not sure which avenue he will take, but that either one would be prohibitively expensive.

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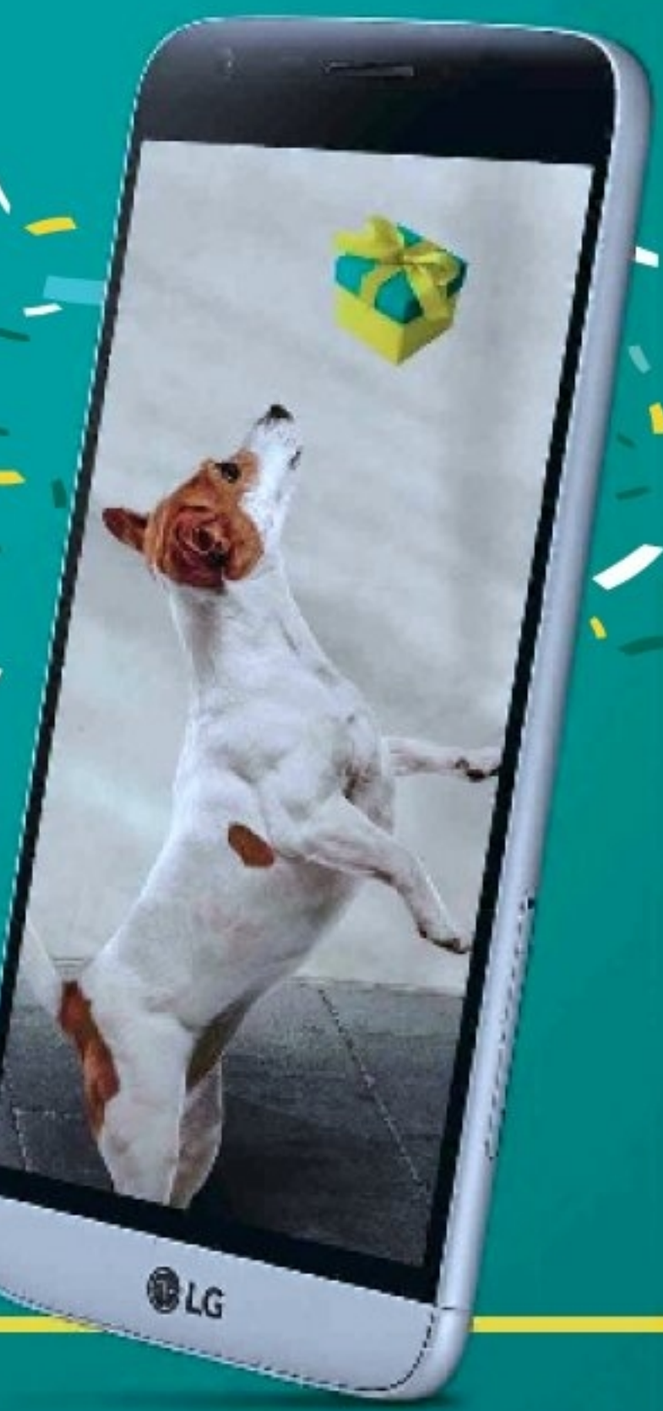

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Top soldier fined $2K for gunshot

MILITARY

Bullet landed less than two feet away from other officer

Maj.-Gen. Mike Rouleau during a visit to a Canadian base west of Erbil, Iraq, in April. TORSTAR NEWS SERVICE FILE

Canada's top special forces soldier must pay $2,000 after accidentally firing his weapon near another military officer last year.

A military judge handed down the punishment Tuesday after Maj.-Gen. Mike Rouleau pleaded guilty at a court martial to one count of conduct to the prejudice of good order and discipline.

The case stems from an incident in northern Iraq last December, where 170 Canadian special forces are currently based, helping to train Kurdish forces in the fight against Daesh.

Rouleau and another officer were getting ready to visit a forward operating base after presenting several soldiers with medals when his rifle fired one round, according to a statement of facts read during the court martial.

The discharged bullet from Rouleau's weapon hit the ground less than two feet from the other officer.

Rouleau could have faced a maximum punishment of dismissal from the military with disgrace.

But the presiding judge, Lt.-Col. Louis-Vincent d'Auteuil, agreed that a $2,000 fine sent a sufficiently strong message about the proper handling of weapons and is in line with the punishment handed down in a number of similar cases in the military.

THE CANADIAN PRESS

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NEWFOUNDLAND MATTHEW WASHES ROADS AWAY The effects of the tail end of Hurricane Matthew in Norris Arm, N.L., on Tuesday. Runoff from the more than 150 millimetres of rain that fell caused roads in the small community to be washed away. PAUL DALY/THE CANADIAN PRESS

Citizenship fees up, applications down

GOVERNMENT

2016 saw 1/3 of applications compared to previous years

The number of immigrants applying for Canadian citizenship has plummeted for the second year in a row in the wake of hefty application fee hikes Ottawa introduced in recent years.

The trend has prompted fears that the current citizenship costs — $530 per adult, plus a $100 right of citizenship fee — are creating a growing underclass of newcomers who can't afford the fee and hence are prevented from full integration and participation in Canadian society, according to a report published in the Institute for Research on Public Policy.

According to the latest government data, only 36,000 citizenship applications were received from January to June in 2016, just more than one-third of the number for the same period last year.

In 2015, a total of 130,000 citizenship applications were submitted to Immigration, Refugees and Citizenship Canada, compared to an average of 200,000 received in previous years.

"The decline is so significant that it cannot be ignored," said retired immigration department director-general Andrew Griffith, who obtained the government statistics for policy analysis for the Montreal-based Institute for Research on Public Policy.

> **As the government considers further increases to the number of immigrants, current fees mean that fewer will apply to become citizens.**
> Andrew Griffith

"I had thought the citizenship fee increases would provoke a decline in applications, but I was surprised by the steepness of the decline."

Griffith's report came just as Canada is celebrating Citizenship Week.

The former Conservative government raised the citizenship fee to $300 from $100 per adult in 2014, and again to $530 last year — to fully recover the processing cost of applications. The fee had been held constant at $100 for almost two decades.

Although immigration officials said at the time the fee hikes would have no impact on the number of immigrants applying to become citizens, Griffith said the data clearly shows otherwise.

Besides the fee hikes, the only major change to the citizenship program was the new requirement for applicants between the age of 55 and 64 to pass the knowledge test.

"If the current 2016 trend continues, we will have 300,000 new immigrants and far less than 100,000 new citizens," Griffith cautioned. TORSTAR NEWS SERVICE

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'There's no aid that's come'

NATURAL DISASTER

Haiti needs $120 million, UN estimates

People throughout Haiti's devastated southwest peninsula formed makeshift brigades Tuesday to clear debris and try to regain some semblance of their pre-hurricane lives as anger grew over the delay in aid for remote communities more than a week after the Category 4 storm hit.

A community group that formed in the southern seaside community of Les Anglais began clearing tree limbs from streets and placing them into piles while others gathered scraps of wood to start rebuilding homes destroyed by Hurricane Matthew.

Carpenter James Nassau donned a white construction helmet as he rebuilt a neighbour's wall with recycled wood, hoping to earn a little money to take care of 10 children, including those left behind by his brother, who died in the storm.

"My brother left five kids, and now I've got to take care of them," he said. "Nobody has come to help."

People walk down a debris-covered street in the commune of Port-a-Piment, in Les Cayes, Haiti, on Tuesday. AFP/GETTY IMAGES

The scene repeated itself across small seaside and mountain villages dotting the peninsula, where people pointed out helicopters buzzing overhead and questioned why they haven't received any help.

Israel Banissa, a carpenter who lives near the small mountain town of Moron, said a Red Cross assessment team stopped outside his village to ask people questions but didn't leave any supplies.

"There's no aid that's come here," he said as he sawed wood to help rebuild his home and dozens of others. "I don't think they care about the people up here."

The UN humanitarian agency in Geneva has made an emergency appeal for nearly $120 million in aid, saying about 750,000 people in southwest Haiti alone will need "life-saving assistance and protection" in the next three months. THE ASSOCIATED PRESS

HURRICANE MATTHEW

U.S. braces for more

A state trooper shot and killed an armed man during a search for flood victims in a tense and dispirited North Carolina, and thousands more people were ordered to evacuate as high water from Hurricane Matthew pushed downstream Tuesday, two days after the storm blew out to sea.

Matthew's death toll in the U.S. climbed to 30, half of them in North Carolina, in addition to the more than 500 feared dead in Haiti.

In Greenville, a city of 90,000, officials warned that the Tar River would overwhelm every bridge in the county by sundown, splitting it in half before the river crests late Wednesday. Evacuations were ordered there and in such communities as Goldsboro and Kinston, as rivers swelled to some of the highest levels ever recorded.

THE ASSOCIATED PRESS

SCIENCE

Obama pushes for Mars

President Barack Obama sought Tuesday to reinvigorate his six-year-old call for the U.S. to send humans to Mars by the 2030s, a mission NASA has been slowly and quietly trudging away at.

The White House was calling attention to government contracts awarded to six companies to build prototypes for "habitats" that could sustain human life in deep space. One such privately developed habitat — an inflatable room — is already attached to the International Space Station. Obama also said that within two years, private companies like SpaceX and Boeing will taxi astronauts to the space station.

"These missions will teach us how humans can live far from Earth, something we'll need for the long journey to Mars," Obama wrote in an op-ed on CNN's website. He said the ultimate goal is for humans eventually to stay "for an extended time."

NASA officials and outside space experts said there is little new in what's coming out of the White House on Mars.

THE ASSOCIATED PRESS

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Oil executive turned fashion designer **Jean-Michel Gires** displays his scarves at a studio in Calgary. THE CANADIAN PRESS

Ex-oilsands exec leaps into fashion

APPAREL

Jean-Michel Gires designs clothing for women

An oilsands executive known for employing the art of the deal is putting his passion for the art of photography into a new line of silk scarves, spandex leggings and other women's clothing.

Jean-Michel Gires set French energy giant Total S.A. on course for a massive buildup of oilsands production while heading the company's Canadian branch in Calgary from 2009 to 2013.

He returned to head office in Paris when his Calgary gig was up but says that, after 25 years, he was no longer interested in life as a travelling executive. He resigned and moved back to Calgary, first as a partner in a clean-tech venture capital firm and now as the founder and chief designer for a clothing startup that bears his name, By Jean Michel.

In a recent interview, the 58-year-old mining engineer said that he simply needed to be free to pursue his true calling. He spoke at a Calgary photo studio where a fashion photographer, model and stylists were shooting catalogue shots for his 2017 line of scarves, leggings, decorative hand fans and, for the first time, kimonos.

"When I decided to leave Total and decide what I wanted to do with my interest in innovation, all of my passion for photography came back,"' he said.

Gires was an early fan of digital photography, buying his first camera 20 years ago so he could share with family and friends sights from his many foreign Total assignments.

His focus changed, though, after he photographed light reflecting and creating patterns as it danced over moving water in a river near Paris. He decided to make reflecting patterns his "niche" as a photographer.

He finds the patterns everywhere now, on the sides of glass and metal buildings or on mountain lakeshores. When the pattern is turned into a mosaic and printed on high-quality fabric, it also produces a "story" that can be printed on a card for the purchaser to share with those who admire her new garment.

Gires' products can be purchased at byjeanmichel.com.

THE CANADIAN PRESS

IN BRIEF

Housing starts up, but...
Residential construction was hotter than expected in September as the pace of housing starts picked up nationally, the Canada Mortgage and Housing Corp. said. Toronto was an exception, with the rate dropping mainly as a result of fewer apartment starts. THE CANADIAN PRESS

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SMARTPHONES

Samsung stopping Note 7 production

Samsung Electronics said Tuesday it is stopping production of Galaxy Note 7 smartphones permanently, a day after stopping global sales of the ill-fated devices amid reports that batteries were catching fire.

The South Korean company is struggling to regain consumer trust after a first round of recalls that prompted criticism both for the faulty devices and for the company's handling of the problem. After the earlier recall, the company said it had identified a manufacturing defect in the batteries of its top-of-the-line smartphone.

It started shipping new Note 7 phones that were supposed to be safer. But reports that even the replacements were catching fire led Samsung to announce it was stopping sales of the devices.

Authorities in the U.S. and South Korea are still investigating why even the replacement Note 7 phones are catching fire. An official at the South Korean safety agency said the replacement phones may have a defect that is different from the problem with the original Note 7s.

Samsung's shares plunged 8 per cent Tuesday in Seoul, their biggest fall since the 2008 financial crisis. And that was before it announced it was discontinuing the Note 7.

THE ASSOCIATED PRESS

South Korean students try out Galaxy Note 7 smartphones at Samsung's outlet in Seoul.
THE ASSOCIATED PRESS

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ROSEMARY WESTWOOD TELLS A SURVIVOR'S STORY

'I FELT SICK AND TERRIBLY ANGRY'

Sexual assault is the violent crime least likely to be reported, and the only one not in decline. Only a fraction of survivors who come forward will ever see their stories told in court. Over the course of the past six months, Metro has been following the case of one woman in her 20s who decided, against the odds, to go to the police. **This is what it takes to seek justice.**

It took Lindsey nearly 10 years. But in May, she decided it was time to go to the police.

She'd been calling crisis hotlines in B.C., where she lives. "It was the first time I'd heard anyone say to me, 'Childhood sexual abuse,'" she said. That language used by the hotline counsellors gave her the right words, and made it possible to call the police, despite then-swirling news of the Jian Ghomeshi trial and the vitriol thrown at the women who testified against him.

"I honestly didn't know whether or not reporting was a good idea, if it would bring any good at all," she told me. "I didn't know if I had a case."

When she was 15, in 2007, Lindsey (Metro agreed to use only her first name) met a man twice her age, an instructor at an arts program. She said that he showed romantic interest in her, told her he loved her and encouraged a sexual relationship. Over the course of the year, he initiated increasingly "depraved, animal-level" sexual behaviour, she said, and would take her to forested areas and even his mother's house to have coercive sex.

Then the sexual encounters grew to include her best friend, who was 14. When Lindsey's friend's family found out, they called the police.

Lindsey said the man told her he would kill himself if she told the truth. So she downplayed the relationship and sexual encounters.

The resulting investigation, which ended without charges, splintered her life, damaging friend and family bonds and triggering years of pain and struggle.

But now, in 2016, she'd decided what happened to her was profoundly wrong. She needed reconciliation. She needed some kind of justice.

Lindsey called the RCMP in Surrey. They scheduled an interview at a detachment two days later.

STRUCTURAL BARRIERS An RCMP cruiser drives past a stop sign on Parliament Hill. The experience of Lindsey, who told Metro about what she went through in reporting to RCMP sexual abuse that she says occurred in 2007, shows that even when police are co-operative and helpful, justice for survivors remains elusive. THE CANADIAN PRESS

Her fears were many: "My life's going to be ruined, or maybe nothing will happen, or they'll tell me it wasn't childhood sexual abuse." Also: would it matter that she had denied the abuse years earlier?

The interview lasted about two and a half hours, in an interrogation room, "which was disconcerting," she said. There were black marks on the white walls, as if tables had been slammed against them. A couch would have been nice, she thought, but the officers themselves were empathetic, understanding and professional. They didn't make her feel at fault, or disbelieved. She answered detailed questions about how she met the man and about specific sex acts.

"I was blown away by his sensitivity," Lindsey said of Const. Gregory Montgomery, who would be her main contact over the months to come. "I feel like I got lucky. I really do."

It was dark and late by the time they stopped talking that day, and the officers offered to get her a cab. Montgomery told Lindsey he'd be in touch, making no promises, which she appreciated. "It made me trust him," she said.

A few weeks later, she emailed Montgomery for an update, and he told her they'd recovered the original file from 2007. They were going to look into it.

A month passed. And another.

Lindsey periodically called or emailed for updates. But there wasn't always much to report.

"This is way freaking harder than we thought it was going to be," she told me at the time. "You're upset, you're anxious, you're wondering what's happening. Is anything happening?"

She began worrying that police were contacting the accused. "What if he comes after me? Can I get protection?"

The experience of recounting her story was "oddly traumatizing" and she felt "swept up again" into the emotions, and the harm.

But she had unique support in her childhood best friend, the one who had also been involved with the man in 2007. They'd reconnected as adults, and on the day Lindsey filed her complaint with police, her friend filed one too. The friend spoke with different officers, who got back to her much sooner with bad news: No charges.

Then on June 30, Montgomery called. The Surrey RCMP's Sexual Victims Unit had reviewed the file. "He said, 'I'm sorry to tell you this, but we can't move any farther with the case,'" Lindsey recalled. Her original statement, which downplayed the sexual events, would undermine her credibility now. Police only recommend charges when there's a reasonable expectation of a conviction in court.

"I put the phone down and ran upstairs and started to sob," she said. "I felt sick and terribly angry and filled with an overwhelming feeling of injustice."

Then she began to wonder: Had police really done all they could? Neither Lindsey nor her friend had been interviewed to support one another's claims. Nor had Lindsey's parents been reinterviewed. She hadn't been asked to try and dig up text messages or emails from the man.

She researched the laws that would have applied to her case at the time. The age of consent in 2007 was 14 (she was 15) but it was and remains 18 for sexual activity that exploits a young person through prostitution, pornography or a position of authority — meaning charges like sexual interference and sexual exploitation could apply.

Montgomery told her that the RCMP's SVU conducted the initial investigation in 2007. Lindsey's father told me that he recalled an officer discussing the inappropriateness of the age difference. He was told that "because the age of consent was 14 at the time of the incident and because no formal complaint was made at the time, there was really nothing they could do. But what they were going to do was keep an eye on this guy, and in his words, let him know that he's being watched."

Lindsey said that the man's boss — who, as owner of the company that ran the arts program, could establish his role of authority — was never interviewed, either during the initial investigation or at any point afterward. She knows this because while officers were reviewing the original file this year, Lindsey had gone to talk to the boss, to find out what she knew.

Over the next months, Lindsey continued to call Montgomery, asking him about the age of consent for sexual interference, a charge that seemed to fit her case, since the man had been in a position of authority and she hadn't yet turned 18.

I called Montgomery myself for an update on the case earlier this month, and then, a week later, RCMP's national headquarters. That's when he called back to say he was referring the case, for a second time this year, to the SVU.

"(Lindsey) brought up some very valid questions about it, so I'm going to push it to SVU and have them re-review it," he said. Montgomery, who is new to the force this year, did not explain why it was Lindsey, not the SVU, that raised these questions.

For Lindsey, that means the case it not over. It means hope: "The fact that he's pushing it, that he is taking it and reconsidering after everything I've brought up. That he's doing his due diligence.

"I think if I had just said OK, they would have just let it lie," she said. "It would have stayed the same. It required me to push."

'I think if I had just said OK, they would have let it lie.'

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HEADLINE
COFFEE

By: Sean Deasy

Heaven sent java

Some of the world's most divine coffee is coming to Headline subscribers this month

We all crave a heavenly cup of coffee. And this might be as close as it gets – literally. Grown on serene slopes nearly 2,000 metres above sea level, Pangoa beans are at times picked by farmers as they look down on the clouds drifting past.

Nestled in the jungles of the central Amazon region of Peru, east of the Andean mountain range, is San Martín. Along with Junín and Cajamarca, it is one of three main coffee producing regions in Peru.

According to Peru's Ambassador to Canada, Marcela López Bravo, the region is characterized, among other things, by a tall canopy of trees and a unique population. "It's a rich area [where] you have many people that have immigrated a long time ago from Germany."

Most importantly, today's farmers still employ processes that began generations ago. "For Peruvian coffee, the real production for exportation began 40 years ago when we improved our cultivation, specifically in terms of organic [farming]," says Lopez Bravo. "The [farmers] all fertilize in a natural way, not with chemicals."

According to the International Coffee Organization, Peru exported 3.3 million [60kg] bags of coffee in 2015 – that's up 14 percent from the previous year – which places the country third in South America behind heavy-hitters Brazil and Colombia.

The vast majority of these coffees are grown by smallholder farmers, in high-altitude locations in naturally shade-protected conditions, where it is typically hand-picked and sun-dried. Peru currently has over 90,000 organic farmers.

Going organic

"The region that this one specifically comes from is exciting to us," says Eric Shabsove, president of Mountain View Coffee, a Canadian wholesale food distributor and coffee roaster of choice for Headline Coffee. "When you get into these higher altitude farms, you're in the clouds or above the clouds and the temperatures are just perfect. The slopes of the mountains, the soils are just fantastic for bringing out the ripeness and the taste of the beans."

Shabsove's team roasts this particular coffee to a medium roast to fully realize its potential – it draws out good body and good acidity. "The characteristics of this bean? It does have like chocolates, cocoa, that kind of taste," says Shabsove. "It's not too chocolaty – you're not drinking chocolate by any means, but it does have hints of the cocoa or berries, like a nice fruit flavor. It's a really nice coffee."

Shabsove has always been impressed by Peru as a founding country of fair trade organic. "They were one of the original countries to put a lot of effort into the value of fair trade and organic and this country has been a mainstay for us as far as using it as an origin, as a straight origin or also blends as well," he says.

"It's consistently very high quality," says Shabsove. "Being fair trade organic, they use a lot of very good sustainable practices, organic fertilizers and that's obviously great for the region. It's great for wildlife. It's great for the environment."

Peruvian coffee farmer Don Fabio stands in his coffee field with his daughter. Image courtesy of Fairtrade International ©

Cupping notes:

Peruvian Pangoa Coffee boasts a rich, cocoa-infused flavor. In the cup this coffee has medium acidity and offers a tasty hint of almond and berries. This coffee is roasted to a medium profile.

HEADLINE
COFFEE

Brew something new

Headline Coffee brings subscribers a new premium Fairtrade certified coffee every month. This month's coffee is Peruvian Pangoa.

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MAKE SURE IT'S FAIRTRADE

Bean Profile

Origin: Pangoa, San Martín Region, Peru

Varietal: Typica, Caturra, Bourbon, Arabica

Certifications: Fairtrade

MAKE SURE IT'S FAIRTRADE

Roast level: 3

Processing: hull-washed

Elevation: 1,600 – 2,000m

metro LIFE

Your essential daily news

Khloe Kardashian: Kim's 'not doing that well' after heist

Saying goodbye is never easy

HBO's new series Divorce stars Sarah Jessica Parker and Thomas Haden Church, who seem to have interpreted the script in different ways. CONTRIBUTED

JOHANNA SCHNELLER WHAT I'M WATCHING

THE SHOW: Divorce, Season 1, Episode 3
THE MOMENT: The mismatched mates

Frances (Sarah Jessica Parker) and Robert (Thomas Haden Church) are splitting up. For the first time, he'll sleep elsewhere.

As they part, he stands at the bottom of the stairs; she sits a few steps up. "Let's not have a big emotional scene," he says. "Just remember something: I always loved you."

"I loved you," she says.

"Goodbye, Frances," he says.

"Goodbye, Robert," she replies.

He doesn't move. "Goodbye," he says.

"Good…bye?" she says.

"I really need to use the washroom," he says. "In a hurry."

"Go ahead," she says. He doesn't move.

"Can you go upstairs?" he asks. "I don't want your last memory of me in this house to be … you know."

She walks upstairs and sits on her bed. For a moment she's sad. Then, FLUSH. She hears Robert's voice ("Come on!") and the sound of plunger on porcelain. FLUSH again.

This is not a relaxing series to watch. The subject matter is sharply observed; it often feels original and true. But the tone is uneasy.

Series creator Sharon Horgan, the genius behind Catastrophe, is an expert at saying hurtful things with a smile in her voice. I suspect she writes Frances and Robert that way. The problem is, Church interprets that voice as comedy — often broad comedy — while Parker seems to hear it as occasionally-funny drama.

It's easy to see why Frances and Robert are splitting. But with Parker and Church in different acting hemispheres, what's difficult is understanding why they were together in the first place.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

With this show, I think we're initially asking more of our audience: We're asking them to be part of combat
Sarah Jessica Parker on HBO's Divorce

QUOTED

Was Parker's decision to claim the Frances role a way to purge herself of her Carrie Bradshaw past?

"I don't WANT to be done with that association," she says. "I loved it! But I'm an actor, I always was, and now my job is to share who Frances is with the audience."

Through six HBO seasons and two feature films, Carrie, with her goofy couture and saucy lexicon ("frenemies," "toxic bachelor"), helped give life to a then-new phase of women's liberation and made Sex and the City a cultural marker.

"With this show, I think we're initially asking more of our audience: We're asking them to be part of combat," says Parker. THE ASSOCIATED PRESS

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The return of the cupcake

Allyson Bobbitt and Sarah Bell have kept their cupcakes simple, with **familiar flavours like chocolate, vanilla and salted caramel.**
TORSTAR NEWS SERVICE

RECIPE

Pair of Toronto bakers bring simplicity back to sweet treat

It's not that pastry chefs Allyson Bobbitt and Sarah Bell are militant on how to do cupcakes ("We're not saving lives here," Bell quips) — they just want to demystify the techniques behind picture-perfect cupcakes for people who are either scared of baking or have written off cupcakes as a passing fad.

We all remember the cupcake trend in the 2000s. Cupcake shops opened at the pace of Starbucks. Cupcake Wars debuted on the Food Network in 2009, pitting bakers against each other to create the most extreme cupcake. The trend reached parody levels in 2012 when a Vancouver bakery called ManCakes rolled out cupcakes with hot sauce frosting topped with crispy chicken skin. In the same year, the cupcake vending machine debuted in American cities. Cupcakes became a joke.

So when Bobbitt and Bell opened their pastry shop, Bobbette & Belle, in Toronto's Leslieville six years ago, they stripped the cupcake down to what people liked about them in the first place — familiar flavours such as vanilla, chocolate and salted caramel. Fluffy swirls of buttercream in calming neutral tones and the occasional pastel.

The return to simplicity worked, leading to a second midtown location two years ago and this month the release their first cookbook, Bobbette & Belle: Classic Recipes from the Celebrated Pastry Shop ($35, Viking).

Brown Sugar Cupcakes With Salted Caramel Buttercream and Caramel Drizzle

Ingredients (for the brown sugar cupcakes):
- 1 1/2 cups (375 mL) all-purpose flour
- 1 1/2 tsp (7 mL) baking soda
- 1/4 tsp (1 mL) salt
- 1 1/4 cups (310 mL) lightly packed brown sugar
- 2 large egg whites, room temperature
- 3/4 cup (185 mL) buttermilk, room temperature
- 1 tbsp (15 mL) pure vanilla extract
- 1/2 cup (125 mL) unsalted butter, melted and cooled

Directions:
1. Insert liners in a standard 12-cupcake pan.

2. In a mixing bowl, whisk together flour, baking soda and salt. Set aside.

3. In a stand mixer with the whisk attachment, mix brown sugar and egg whites on medium speed until well combined. Add buttermilk and vanilla and continue to whisk on medium until well combined. Add butter and whisk until well-combined.

4. Set mixer to low speed and slowly add flour mixture until well incorporated.

5. Divide batter evenly into cupcake pan, filling each cupcake liner about 3/4 full.

6. Bake at 350F (175C) for 20 to 25 minutes or until a toothpick inserted into centre of cupcake comes out clean.

7. Let cupcakes cool in pan for 10 minutes before transferring to a wire rack to cool completely before decorating.

Ingredients (for salted caramel sauce):
- 1 cup (250 mL) granulated sugar
- 1/2 cup (125 mL) 35 per cent cream
- 1/4 tsp (1 mL) fleur de sel, maldon or kosher salt
- 1 tsp (5 mL) pure vanilla extract
- 1/4 cup (60 mL) salted caramel sauce

Directions:
1. In a medium saucepan over medium-high heat, heat a half cup of sugar, stirring constantly until sugar melts and turns a golden colour. Be careful not to burn. Add remaining sugar and continue to whisk until everything has melted and turned golden brown.

2. Reduce heat to medium low. On a gentle simmer, add cream slowly, whisking until everything has combined. Add salt and continue to cook, stirring occasionally, until any hard sugar bits have dissolved. Immediately remove from heat and cool completely before using. Sauce can be refrigerated in an airtight container for up to two weeks.

Ingredients (for salted caramel buttercream):
- 4 large white eggs
- 1 cup (250 mL) granulated sugar
- 2 cups (500 mL) room temperature unsalted butter, cut into 1-inch cubes

1. Use a double boiler or fill a medium-sized saucepan with one inch of water. Bring to a gentle simmer. Place a large heatproof bowl over saucepan.

2. Whisk together egg whites and sugar until it reaches 140F (70C) on a candy thermometer.

3. Immediately transfer to a bowl on a stand mixer with a whisk attachment. Whip on medium-high speed until mixture has cooled to room temperature, has doubled in volume and holds medium-stiff peaks, 8 to 10 minutes.

4. Reduce speed to slow and add 2 cubes of butter to mixer. Increase speed to medium-high to incorporate. Repeat with remaining cubes of butter. Reduce speed and add vanilla and caramel sauce. Whisk on high again until light and fluffy, 1 to 2 minutes.

To assemble:
1. Cut off pointed tip of pastry bag and fit with a coupler and desired pastry tip (a large round or star tip works well). Using a rubber spatula, fill bag halfway with buttercream. Push buttercream down toward tip to get rid of air bubbles. Twist top of bag to close.

2. Hold twisted end of bag with your dominant hand. Use other hand to guide piping bag as you decorate.

3. Hold piping bag at a perpendicular angle, hovering just above cupcake. Begin piping by applying gentle pressure with your dominant hand, squeezing out buttercream in a steady stream, at centre of cupcake and work outwards, then swirl up and work inwards to create a beehive shape. Garnish with salted caramel drizzle and toffee bits.
TORSTAR NEWS SERVICE

FOOD FOR THOUGHT

Ronald McDonald makes scarce after clown sightings

McDonald's says Ronald McDonald is keeping a low profile with reports of creepy clown sightings on the rise.

McDonald's Corp. said Tuesday that it is being "thoughtful in respect to Ronald McDonald's participation in community events" as a result of the "current climate around clown sightings in communities." The company did not provide any other details about how often its red-haired mascot makes appearances, and how that will change. The burger chain's decision comes after a rash of pranks around the country that have involved eerie clown sightings. The reports have forced police in some areas to respond.
THE ASSOCIATED PRESS

LIQUID ASSETS

Artisan distillers give gin new life

Peter Rockwell
For Metro Canada

Thanks to the 'drink local' movement, gin is having a bit of a moment. Long the tipple of "mature" imbibers, the juniper berry-based spirit has seen its profile elevated thanks to the ever growing ranks of Canadian artisan distillers who consider it as the perfect platform for their unique regional botanicals.

From British Columbia, Central City's Queensborough Small Batch Dry Gin ($39.99) harvests its juniper from the province's interior and distinctive, flavour-enhancing spruce tips from Vancouver Island. In Ontario, Dillon's Unfiltered Gin 22 ($39.85) pours cloudy on purpose because none of its 22 individual flavour components get lost in filtration.

About 20 minutes outside of Antigonish, Nova Scotia, Steinhart Gin (500ml, $35.00) is made in the blink-and-you-miss-it village of Arisaig. Housed in an apothecary-esque cobalt blue bottle, it's made from locally sourced ingredients and influenced by the Steinhart family's 300-year-old history of distilling that dates back to their origins in Germany.

Pass the tonic!

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Coconut milk

Pure coconut milk is fattening up your favourite Thai dishes.

PICK THIS

Thai Kitchen Lite Coconut Milk 1/3 cup (90 ml)

Calories 60
Fat 5.3g

SKIP THIS

Thai Kitchen Coconut Milk 1/3 cup (90 ml)

Calories 180
Fat 15g

HERE'S WHY

Equivalent in fat to 2 medium slices of thin crust pizza with ham and pineapple from Domino's Pizza.

Coconut milk is a staple ingredient in many delicious South Asian recipes, like curry and stir-fries, as well as in soups, beverages and desserts. The thick, creamy milk-like texture adds flavour to these dishes. It's nutritious, being rich in fibre, vitamins and minerals, and is also lactose-free. However, it's also high in fat, saturated fat and calories, leading many to want to skip it entirely when cooking. A simple switch to the light version gives you only a 1/3 of the fat and calories and is equally as tasty!

A veggie dish even your kids will like

The kids will never complain about vegetables again after trying this fragrant dish au gratin.

TORSTAR NEWS SERVICE

RECIPE

Butternut squash adds sweetness to au gratin dish

Ricardo Larrivée
For Torstar News Service

Here's a secret most parents know: the trick to making any vegetable appealing to kids is to smother it in cheese.

This recipe is no exception, but here's a surprise: the squash in this recipe is actually an essential part of why this dish is so beloved by kids.

Well, my kids anyway.

The great thing about butternut squash is how sweet and creamy it becomes once it's cooked.

In this recipe, the squash also soaks up the irresistible flavours of leeks, onions and garlic sautéed in butter.

This is such a fragrant dish (the whole house will smell like garlic butter!) that you won't even really need cheese.

But I would make it au gratin, so the kids will gobble it up.

Squash and Leek Rigatoni au Gratin
Ingredients:

- 4 cups (600 g) peeled, seeded and cubed butternut squash
- 2 tbsp (30 mL) olive oil
- 3/4 lb (375 g) rigatoni
- 3 cups (285 g) thinly sliced leeks (about 1 or 2)
- 1 small onion, chopped
- 2 cloves garlic, chopped
- 1/4 cup (55 g) butter
- 1/4 cup (40 g) unbleached all-purpose flour
- 2 cups (500 mL) chicken broth
- 1 cup (250 mL) milk
- 8 cups (240 g) lightly packed fresh spinach, stemmed and coarsely chopped (2 bags of 6 oz / 170 g)
- Red pepper flakes (optional)
- Grated nutmeg (optional)
- 1 cup (100 g) grated cheddar cheese
- 1/2 cup (35 g) grated Parmigiano-Reggiano cheese
- Salt and pepper

Directions:

1. With the rack in the middle position, preheat the oven to 400F (200C). Line a baking sheet with parchment paper.

2. Place the squash on the baking sheet. Drizzle with the oil and season with salt and pepper. Bake for about 20 minutes or until tender, stirring halfway through cooking. Set aside.

3. Meanwhile, in a large pot of salted boiling water, cook the pasta al dente. Drain. Lightly oil and set aside.

4. In the same pot over medium-high heat, soften the leeks, onion and garlic in the butter. Season with salt and pepper. Sprinkle with the flour and cook for 1 minute, stirring constantly. Add the broth and milk. Bring to a boil. Simmer for 5 minutes.

5. Off the heat, with an immersion blender, purée the leek mixture until smooth. With a spatula, stir in the squash, pasta and spinach. Adjust the seasoning. Add a pinch of red pepper flakes and nutmeg, if desired.

6. Pour the mixture into a 13 x 9-inch (33 x 23 cm) baking dish. Sprinkle with the cheeses. Bake for about 25 minutes or until golden brown. Let rest for 15 minutes before serving.

Stewart is a workaholic, and that's a good thing

Kristen Stewart has three films at the New York Film Festival. She admits she can "get obsessed" with work.
JAMIE MCCARTHY/GETTY IMAGES

INTERVIEW

Non-stop work has actress ready for more, as a director

Three films in this year's New York Film Festival certainly qualify Kristen Stewart as a workaholic, but the actress doesn't think that's such a bad thing.

"Oh yeah, I'm totally addicted, man... I get super obsessed with stuff, you know, and which is to a fault. But it's served me well," said Stewart.

Since the Twilight franchise, the actress has quietly amassed an impressive body of work, including a trio of very different films at this year's festival.

She's already premiered Certain Women, directed by Kelly Reichardt.

The festival is also screening Olivier Assayas's Personal Shopper, and Stewart will walk the red carpet again for Ang Lee's Billy Lynn's Long Halftime Walk on Friday.

With a diverse set of roles since portraying Bella in the Twilight series, Stewart doesn't feel her evolution was intentional and says she just got lucky.

"Honestly, it was not like a tactical approach, you know what I mean?

"I've always known that if I have a certain dynamic with someone or conversation, it's either leading to productivity or not," Stewart said.

Besides acting, Stewart wants to direct, too, and working with Lee and Reichardt gave her a unique perspective, especially since the two take a completely different approach to directing a film.

"I think they are both absolute geniuses when it comes to being composed, and when it comes to being aware of something that we're not aware of," Stewart said.

"They see the invisible and they capture it, and that's what I would like to do while making movies."

But Stewart leans toward Reichardt's style.

"Seeing Kelly steel-train her way through a movie that seems so natural, but is so deliberate... It makes me want to work now, like start working, now," Stewart said.

Certain Women will be in select theatres on Friday, while Billy Lynn's Long Halftime Walk kicks off on Nov. 11.

Personal Shopper, in which Stewart plays a personal shopper for celebrities, isn't available in theatres until next year.

As for her own celebrity, Stewart doesn't see herself as an insider.

"I'm so famous," Stewart joked before saying, "I don't even know what that means."

THE ASSOCIATED PRESS

> **They see the invisible and they capture it, and that's what I would like to do while making movies.** Kristen Stewart on directors Kelly Reichardt and Ang Lee

VIOLENCE AGAINST WOMEN

Trump's remarks truly hurt: Tamblyn

Actress Amber Tamblyn says she was assaulted by a former boyfriend and felt compelled to speak out about it by Donald Trump's 2005 bragging about groping and kissing women.

On Instagram she says her ex-boyfriend grabbed her by her hair and crotch and carried her out of a nightclub. She says the part of her body Trump "described as something he'd like to grab a woman by, was bruised from my ex-boyfriend's violence for at least the next week."

Trump's campaign has been in upheaval since the remarks was made public Friday.

Tamblyn was nominated for an Emmy for Joan of Arcadia.

THE ASSOCIATED PRESS

Amber Tamblyn (top photo) revealed her own sex assault on Instagram, with the post seen here. INSTAGRAM/GETTY IMAGES

GOSSIP BRIEFS

Ankle injury sidelines Drake

Drake is cancelling the rest of his summer tour because of an ongoing ankle injury. The cancelled stops include Toronto, originally scheduled Oct. 9, Philadelphia Oct. 13 and Newark, New Jersey, Oct. 16.

Drake announced earlier Monday his 26-show The Boy Meets World Tour is set for January through March 2017 in Europe. THE ASSOCIATED PRESS

Kardashian suing website

Kim Kardashian West is suing an online media outlet, saying she was wrongly portrayed as a liar and thief after she was attacked in Paris.

The lawsuit seeks unspecified damages from MediaTakeOut.com. It says Kardashian West was victimized a second time when the website said she faked the robbery and lied about the assault. THE ASSOCIATED PRESS

metro WHEELS
Your essential daily news

Lexus UX Concept previews flashy compact crossover in Paris

Standard meets entry-level luxury

REVIEW

Despite detractors, Envision proves itself

Michael Accardi
AutoGuide.com

When Buick announced its intention to bring over the Envision built in China, you couldn't go 10 minutes on the Internet without stumbling into some kind of furious consternation.

After only a few short months on the market, Americans have proven that the Envision more than speaks to consumer needs. The Envision isn't just Buick's quickest turning model, but also the quickest turning among its chief rivals — its 25-day turnover rate is half of its next closest competitor.

Stacking the deck even more in Envision's favour — to date — it has only been available in two top level trims, Premier I and II. With MSRPs well into the forties, the up-market focused 2016 Envision was offered with a generous smattering of standard equipment, Bose stereo, heated leather front and rear seats, heated steering wheel, advanced safety features and AWD.

Since Buick decided to turn itself around nearly a decade ago, the brand has lived at the alter of safety, whisper-quiet interiors and elegant, tasteful design.

On the road, the Hi-Per front end keeps everything compliant during heavy acceleration, helping mitigate torque steer and increasing steering feel, while overall providing a soft and plush ride without being soft and wallowy.

The real star of the show is the new mechanical Twin-Clutch AWD system, similar to the one featured in the Cadillac XT5. Buick claims its version was tuned for comfort instead of outright performance. Where the twin-clutch Envision differentiates itself from competitors is its use of mechanical clutches in the rear differential to maximize traction instead of simply using stability control and individual wheel braking to manage slip.

When the Audi Q5 or Acura RDX detect slip, they use a mix of braking and stability control to reduce the torque being transferred to the ground, stopping the slip. The Envision, however, doesn't compromise torque for traction; its mechanical delivery allows it to direct 100 per cent of available torque to any given wheel.

For 2017 Buick equips all Envisions with ten standard airbags sprinkled throughout the cabin, along with Surround Vision and automatic front braking and rear parking aids. Up-level trims can option a vibrating safety seat, forward crash avoidance, lane keep, lane departure, lane change alert, blind zone alert, and cross traffic alert.

Scoff if you want at the idea of a Chinese-built Buick, but it's a properly executed product that nestles itself in where the top of mainstream meets entry level luxury, making it an attractive proposition.

THE CHECKLIST | 2017 BUICK ENVISION

THE BASICS

Engine: 2.0-litre Turbocharged Inline-4
Power: 252 horsepower, 36 kilogram metres of torque
Transmission: Six-speed automatic
Cargo Capacity (L): 761 (trunk); 1,622 (seats folded)
Fuel Economy (L/100 km): 11.8 city, 9.2 highway, 10.6 combined (premium required)
Price: Starts at $39,995

LOVE IT

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The Honda

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$57 @ 2.99% APR WEEKLY LEASE FOR 60 MONTHS[Ω].

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PLUS GET A $750[§] LEASE & FINANCE BONUS ON ALL 2016 CIVIC MODELS

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CR-V LX FROM MODEL RM3H3GE1

$72 @ 1.99% APR WEEKLY LEASE FOR 60 MONTHS[Ω].

$0 DOWN PAYMENT/OAC

$0 SECURITY DEPOSIT

PLUS GET A $1,500[^] BONUS ON ALL 2016 CR-V MODELS.

2016
FIT DX FROM MODEL GK5G3GE

$44 @ 2.99% APR WEEKLY LEASE FOR 60 MONTHS[Ω].

$0 DOWN PAYMENT/OAC

$0 SECURITY DEPOSIT

2016
HR-V LX MODEL RU5G3GEX

NEW LOWER PAYMENT FROM

$65 @ 3.99% APR WEEKLY LEASE FOR 60 MONTHS[Ω].

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$0 SECURITY DEPOSIT

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HondaOntario.com
Ontario Honda Dealers

LEASE PAYMENTS INCLUDE FREIGHT & PDI. EXCLUDES LICENCE AND HST. DEALER TRADE MAY BE NECESSARY.

HONDA

Limited time lease offers available through Honda Financial Services Inc. (HFS), to qualified retail customers on approved credit. Weekly payments include freight and PDI (ranges from $1,595 to $1,725 depending on model), EHF tires & filters ($18.75), A/C charge ($100 except Fit DX models), and OMVIC fee ($10). Taxes, licence, insurance and registration are extra. [Ω]Representative weekly lease example: 2016 Civic LX Sedan 6MT (Model FC2E5GE) // 2016 Fit DX 6MT (Model GK5G3GE) // 2016 HR-V LX 2WD (Model RU5G3GEX) // 2016 CR-V LX 2WD (Model RM3H3GE1) on a 60-month term with 260 weekly payments at 2.99% // 2.99% // 3.99% // 1.99% lease APR. Weekly payment is $56.69 // $43.62 // $64.55 // $71.63 with $0 down or equivalent trade-in and $520 // $655 // $780 // $655 total lease incentive included. Down payments, $0 security deposit and first weekly payments due at lease inception. Total lease obligation is $14,739.51 // $11,340.40 // $16,783.32 // $18,623.52. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. PPSA lien registration fee of $45.93 and lien registering agent's fee of $5.65, due at time of delivery are not included. [§]$750 Honda Financial Services Inc. (HFS) lease & finance dollars are deducted from the negotiated price after taxes. Lease & finance dollars apply to retail customer lease or finance agreements through HFS for 2016 Civic models concluded between October 1st, 2016 and October 31st, 2016 at participating Ontario Honda Dealers. [^]$1,500 Bonus offer will be deducted from the negotiated price after taxes, can be combined with advertised lease and finance rates, and applies to retail customer agreements for new 2016 Honda CR-V models concluded between October 1st, 2016 and October 31st, 2016 at participating Ontario Honda Dealers. [∞]$500 Honda Financial Services Inc. (HFS) lease & finance dollars are deducted from the negotiated price after taxes. Lease & finance dollars apply to retail customer lease or finance agreements through HFS for 2016 HR-V models concluded between October 1st, 2016 and October 31st, 2016 at participating Ontario Honda Dealers. For all offers: licence, insurance, PPSA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at participating Ontario Honda Dealers. Dealer may lease for less. Dealer trade may be necessary. Colour availability may vary by dealer. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details.

A more aggressive Honda Civic

MERCEDES BENZ

Generation EQ concept to compete with Tesla

Giving us a glimpse at its vision for emissions-free motoring, Mercedes-Benz revealed something of a Tesla-killer in Paris. The concept is called the Generation EQ, which, according to the press release, stands for Electric Intelligence. Beneath that coupe-like styling, this four-seat vehicle is motivated by two separate electric motors that provide some 400 hp. Generation EQ is the forerunner to a new Mercedes-Benz sub-brand that will focus on electric mobility.

CRAIG COLE/AUTOGUIDE.COM

AUDI

RS3 coming to Canada

Audi has revealed its pint-sized RS3 which will be available in Canada, packing big power into a little package. Under the hood of the RS3 will live a 2.5-litre five-cylinder engine with 400 horsepower, sent to all four wheels through a seven-speed dual-clutch transmission. The jump from 0 to 100 km/h will happen in just 4.1 seconds, while a top speed of 250 km/h has been set. On request, Audi will bring that top speed up to 280 km/h. Overall, the car is 26 kilograms lighter than it predecessor.

STEPHEN ELMER/AUTOGUIDE.COM

TYPE R

Honda teases new Civic prototype

The new Civic Type R is getting closer to launching in North America and Honda is teasing us once again with a new prototype. This fresh prototype debuted alongside the new Honda Civic Hatchback at the 2016 Paris Motor Show. This is likely very close to the version that will come to the United States next year as a 2018 model year vehicle. As can be expected, a body kit makes the new Civic Type R look plenty aggressive with larger fenders and air intakes. A large rear wing, a carbon-fibre diffuser, and three-port central exhaust setup can be found out back. Honda didn't offer any specifics on the powertrain, though it's already known that the car will use a turbocharged 2.0-litre four-cylinder engine. In the current Type R, this motor makes 306 horsepower, a number that's expected to improve.

STEPHEN ELMER/AUTOGUIDE.COM

NISSAN

New Micra completely reimagined

Nissan rolled out an all-new Micra subcompact in Paris. The Japanese brand says that the new Micra is totally "revolutionary" and should be a leader when it comes to technology and fuel economy. Compared to today's Micra, the new car is lower, longer and wider, providing more interior space according to Nissan, though interior dimensions weren't given. Under the hood, the Micra will offer a 1.5-litre four-cylinder diesel, a 0.9-litre three-cylinder turbocharged gas-powered engine.

STEPHEN ELMER/AUTOGUIDE.COM

IN BRIEF

2017 Ford Raptor's EcoBoost V6 cranked up to 450 HP

It'll be easy to an easy point to miss so we'll put it right up front: The 2017 Ford F-150 Raptor will be more fuel efficient than the previous generation — and 23 per cent more efficient at that! We're sort of kidding about putting that up front because the real headline most care about is the performance numbers of the new Raptor's twin-turbo high-output EcoBoost V6, which need to be impressive since the new engine is replacing the outgoing 6.2-litre V8. Fortunately they are, with a claimed 450 horsepower rating of the new Raptor. JOSH BURNS/AUTOGUIDE.COM

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SL AWD Premium model shown▲

SENTRA®

1.8 SR model shown▲

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Offers available from October 1-31 2016. ^$14,000 Cash Rebate is applicable on the cash purchase of a 2016 Titan XD Diesel Platinum Reserve (3CPD96 AA00/AA50) which will be deducted from the negotiated selling price before taxes. Cash rebate is not combinable with lease and finance offers. *Fully stackable clearance cash discount of $3,750 will be deducted from the negotiated selling price before taxes and is applicable only to customers purchasing, financing or leasing any new 2016 Sentra S MT (C4LG56 AA00). +Standard rate finance cash discount of $5,000 will be deducted from the negotiated selling price before taxes and is applicable only to customers financing any 2016 Rogue SL Premium (YDG16 BK00) through NCF at standard rates. The cash discounts cannot be combined with lease or finance subvented rates or with any other offer. **Loyalty Bonus ("Offer") is available only to eligible customers who, in the 90 days preceding the date of lease/finance of an Eligible New Vehicle (defined below), have leased or financed a 2007 or newer Nissan, Honda, Toyota, Mazda or Hyundai brand vehicle (an "Existing Vehicle") within past 90-days. Eligibility for the Offer will be determined by Nissan Canada Inc. ("NCI") in its sole discretion. Proof of current ownership/lease/finance contract will be required. Offer is not transferrable or assignable, except to the current owner's spouse or a co-owner/co-lease of the existing vehicle (either of whom must reside within the same household as the intended recipient of the offer). Individuals who purchased/leased a vehicle under a business name can qualify for the program provided that the new deal is not a fleet deal and that the individual can provide valid documentation that they are the registered primary owner of the business. If the eligible customer elects to lease or finance a new and previously unregistered model year 2016 Nissan brand vehicle (excluding NV, Fleet and daily rentals) (an "Eligible New Vehicle") through Nissan Canada Finance Inc. (collectively "NCF"), then he/she will receive a specified amount of NCF Loyalty Bonus, as follows: (i) 2016 Altima ($2,000); (ii) 2016 Micra/Versa Note/Sentra ($500); (iii) 2016 Juke/Rogue ($600); (iv) 2016 Pathfinder ($800); (v) 2016 Titan XD ($1,000). Loyalty Dollars will be applied after taxes. Offer is combinable with other NCF incentives, but is not combinable with the Nissan Loyalty program. Offer valid on vehicles delivered between October 1-31, 2016. ▲Models shown $37,474/$27,029 Selling price for a new 2016 Rogue SL AWD Premium (Y6DG16 BK00)/ 2016 Sentra 1.8 SR Premium CVT (C4SG16 RL00). All Pricing includes Freight and PDE charges ($1,795/$1,600) air-conditioning levy ($100), applicable fees, manufacturer's rebate and dealer participation where applicable. License, registration, insurance and applicable taxes are extra. Offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers except stackable trading dollars. Vehicles and accessories are for illustration purposes only. See your dealer or visit Nissan.ca/Loyalty. See your participating Nissan retailer for complete details. Certain conditions apply. ©2016 Nissan Canada Inc.

5 CARS THAT SHONE AT THE PARIS AUTO SHOW

An obscenely powerful hybrid sports car, a family-friendly SUV with enough space for seven adults, and an electric vehicle that promises to keep going for over 500 kilometres on a single charge —these are some of the notable vehicles shining on the display stands under bright overhead lights at the Paris Mondial de L'Automobile. THE ASSOCIATED PRESS

1 Opel Ampera-E

This is the European version of the Chevrolet Bolt five-door hatchback going on sale this year. It has attracted attention by getting a range rating of 383 kilometres under the U.S. standard on a full charge. It claims drivers can add 150 kilometres in 30 minutes of charging. Will this car be a significant jump toward making electrics seem more practical to price-conscious regular car buyers? As always, the market will provide the answer.

2 Porsche Panamera 4 E-Hybrid

It's a comfortable four-door sedan. No, it's a high-performance sports car. If it's the Panamera, it's a little bit of both. The all-wheel drive car draws on the technology used in the company's 918 Spyder supercar so that the electric motor continually adds power.

3 LaFerrari Aperta

This limited edition of the Ferrari's LaFerrari supercar offers the pleasures of open-top driving in a car that performs pretty much like a Formula One racer. It's a hybrid, meaning its electric motor assists the monster 12-cylinder internal combustion engine to add even more powerful acceleration.

4 Jaguar Land Rover Discovery

The first complete redesign of the Discovery in 12 years, this family oriented large SUV has room for seven adults in three rows. The seats can be rearranged remotely through a smartphone app even when the operator is outside the vehicle.

5 BMW X2

BMW showed off a potential new addition to its X-series of SUVs and crossovers, this one offering a sportier take with a flat roofline and big air intakes giving the grill a wider, more aggressive look. The company calls it a "sport-activity coupe," referring to its lower roofline — more like the sloping shape of a coupe than a boxier SUV.

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BUILT Ford TOUGH

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be canceled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecked Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFP). ^Until November 16, 2016 and from November 29 to 30, 2016, receive 0% APR purchase financing on any new 2016 F-150 Lariat SuperCrew 501A for up to 84 months to qualified retail customers, on approved credit (OAC) from Ford Credit Canada Limited. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0% APR for 48/60/72/84 months, monthly payment is $0 or APR of 0% and total to be repaid is $25,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit Canada Limited. *Purchase or lease any new 2016/2017 Ford F-150, F-250/F-350 SRW between October 1, 2016 and November 30, 2016 and receive the choice of (i) a winter safety package which includes four (4) winter tires, four (4) steel wheels, and four (4) tire pressure monitoring sensors, OR (ii) CAD$1,500 towards select Ford accessories, excluding factory-installed accessories/options ("Accessories"), but not both. The offer is not redeemable for cash. Any unused portions of the offer are forfeited. Total Accessories may exceed CAD$1,500. This offer is not applicable to any Fleet (other than small Fleets with an eligible FIN) or Government customers and not combinable with CPA, GPC, CFP or Daily Rental Allowances. Vehicle handling characteristics, the road noise and speed rating may not be the same as factory-supplied all-season tires. Winter tires are meant to be operated during winter conditions and may require a higher cold inflation pressure than all-season tires. Some conditions apply. Consult your Ford of Canada dealer for details including applicable warranty coverage. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription.

The 4C Spider has people talking

SPORTS CARS

What people say about a car can be telling

Jodi Lai
AutoGuide.com

The 2016 Alfa Romeo 4C is one of the purest sports cars you can buy right now.

Focusing on the singular purpose of unmitigated driving engagement, this car shouldn't exist, but I can't express how happy I am that it does. The people who don't like this car simply don't understand it, don't deserve it, and can't be considered true automotive enthusiasts.

People said a lot of interesting things to us while we were driving this Italian exotic, and it gave us a lot of insight into the sports car.

Driving the new Spider is definitely a conversation starter. TORSTAR NEWS SERVICE FILE

"Whoa, it's a Ferrari!"

We also got "Is that a Lotus?" and "WOW, a Lamborghini!" One of the cool things about the 4C is that no one knows what it is, but everyone knows the moment they see it that it's something exotic.

From the outside, the 4C looks much more expensive than it actually is, and people are intrigued by it. The little Alfa gets looks and attention everywhere it goes, so get used to catching people trying to sneak photos and wanting to talk to you.

"It feels like an F1 car."

My dad, who has somehow driven F1 cars in the past through his previous employment with Honda, said to me that the 4C feels just like an F1 car. How the steering feels, the way it handles, and how it accelerates feels exactly like a race car and he was shocked by how fast it was.

Powered by a turbocharged 1.75-litre four-cylinder engine, the 4C outputs 237 horsepower and 258 pound-feet of torque.

"You drove it to work?!"

A co-worker was shocked that I drove the 4C to work, and found it funny that such an exotic car was given such an unremarkable, mundane task. It's like using a Blackbird fighter jet to deliver groceries. Commuting to work in the Alfa, I couldn't help but feel I was doing it a huge injustice. The 4C deserves so much more than commuting duty because it's capable of so much more.

"It's like seeing your old girlfriend."

My dad and mom spent much of the 1970s modifying Alfa Romeos and racing them. They were part of their local Alfa Romeo owners club and loved driving their GTVs and Alfettas. After going for a drive in the 4C Spider, I asked my dad how it felt, and he said, "It's like seeing your old girlfriend!" He explained that although the 4C is completely different from the Alfas he used to drive, "You can still feel that it's an Alfa in its bones."

ACURA | ACURA DOWNTOWN

THE 2017 RDX STARTING FROM $44,375*

This season, take grip of the 2017 Acura RDX. Our compact SUV features All-Wheel Drive with Intelligent Control System™ and a 279-hp, 3.5-litre V6 engine, to embrace the journey.

Lease the 2017 RDX from $425† Monthly | 0.9% 36-month lease OR Receive a $2,500‡ Customer Cash Rebate on other 2017 RDX models

*Selling price is $44,375// $48,875 on a new 2017 Acura RDX (TB4H3HUNX) // model shown, a new 2017 Acura RDX Elite (TB4H7HKN) available through Acura Financial Services on approved credit. Representative lease example: 0.9% // 0.9% (7.36% effective APR) lease rate for 36 months (36 payments). Monthly payment is $425 // $514 with $3,500 down payment. 16,000 km allowance/year, charge of $0.15/km for excess kilometres. Total lease obligation is $18,800 // $22,004. Offer includes EHF tires ($29), EHF filters ($1), air conditioning fee ($100), OMVIC fee ($10), PPSA ($29) and credit ($1,000). License, insurance, registration, options, duties and taxes are extra. PPSA lien registration fee and lien registering agent's fee are due at time of delivery. $1,000 credit includes applicable sales taxes. ‡$2,500 Customer Cash Rebate (C23) is available on new 2017 Acura RDX Tech (TB4H5HNX), and 2017 RDX Elite (TB4H7HKN) models when registered and delivered before October 31, 2016. Total incentives consist of: (a) $1,500 that cannot be combined with lease/finance offers; and (b) $1,000 that can be combined with lease/finance offers. All incentives will be deducted from the negotiated selling price after taxes. Some terms/conditions apply. Model shown for illustration purposes only. Offers end October 31, 2016 and are subject to change or cancellation without notice. Dealer may sell/lease for less. Dealer order/trade may be necessary. While quantities last. Certain features only available on certain trims. Visit acuragta.ca or your Acura dealer for details. © 2016 Acura, a division of Honda Canada Inc.

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Raise your expectations with the restyled 2017 Acura MDX. Featuring seven-passenger seating, Super Handling All-Wheel Drive™ and a 290-hp V6 engine, it aims to redefine the standard for an SUV.

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*Selling price is $55,875// $67,975 on a new 2017 Acura MDX (YD4H2HUNX) // model shown, a 2017 MDX Elite (YD4H8HKN). Selling prices includes $2,045 freight and PDI, EHF tires ($29), EHF filters ($1), air conditioning fee ($100) and OMVIC fee ($10). License, insurance, registration and taxes are extra. †Limited time lease offer based on a new 2017 Acura MDX (YD4H2HUNX) // model shown, a 2017 MDX Elite (YD4H8HKN) available through Acura Financial Services on approved credit. Representative lease example: 2.9% // 2.9% (3.40% effective APR) lease rate for 48 months (48 payments). Monthly payment is $578 // $750 with $6,500 down payment. 16,000 km allowance/year, charge of $0.15/km for excess kilometres. Total lease obligation is $34,244 // $42,500. Offer includes EHF tires ($29), EHF filters ($1), air conditioning fee ($100), OMVIC fee ($10) and PPSA ($37). License, insurance, registration, options, duties and taxes are extra. PPSA lien registration fee and lien registering agent's fee are due at time of delivery. ‡$1,000 Customer Cash Rebate (C23) is available on new 2017 Acura MDX Navi (YD4H4HNX), MDX Tech (YD4H6HKN) and MDX Elite (YD4H8HKN) models when registered and delivered before October 31, 2016. Total incentives consist of $1,000 that cannot be combined with lease/finance offers. All incentives will be deducted from the negotiated selling price after taxes. Some terms/conditions apply. Model shown for illustration purposes only. Offers end October 31, 2016 and are subject to change or cancellation without notice. Dealer may sell/lease for less. Dealer order/trade may be necessary. While quantities last. Certain features only available on certain trims. Visit acuragta.ca or your Acura dealer for details. © 2016 Acura, a division of Honda Canada Inc.

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▲ 0% APR Purchase Financing is available on select new 2016, 2016.5 and 2017 Mazda models. Excluded on 2016 MX-5 and CX-9, 2017 CX-3, Mazda6 and MX-5 models. Terms vary by model. Based on a representative agreement using an offered pricing of $17,400 for the new 2016 Mazda3 G (04GK66AA00) with a financed amount of $18,000, the cost of borrowing for a 48-month term is $0, monthly payment is $375, total finance obligation is $18,000. Offer includes freight and P.D.E. of $1,695, $10 OMVIC fee, $23.75 Tire Stewardship Fee and $75.28 PPSA. Offer excludes HST.
△ Upgrade Offer is available to qualifying retail customers who cash purchase/finance/lease a select new, in-stock 2016, 2016.5 and 2017 Mazda model from an authorized Mazda dealer in Canada between October 1 – 31, 2016. Amounts vary by model: $500 off all 2016 Mazda3/Mazda3 Sport, all 2016 and 2017 CX-3, all 2016 and 2016.5 CX-5, all 2016 and 2017 Mazda5, all 2016 and 2017 MX-5 and all 2016 CX-9. Upgrade Offer will be deducted from the negotiated price after taxes. Offer cannot be combined with Loyalty offer. See dealer for complete details.
◊Winter Tire Credit offer (value up to $500) valid on purchase or lease of all new 2016, 2016.5 and 2017 Mazda models purchased/leased between October 1 – 31, 2016. Customer can substitute a cash discount of up to $500. Cash discount substitute applied before taxes. Wheels and installation extra. Winter Tire Credit Offer cannot be combined with Upgrade Offer or Loyalty Offer. Some conditions apply. See dealer for complete details.
± Offer available on retail leases of new 2016 Mazda3 GS (04SK66AA00) with a lease APR of 0.49% and 104 bi-weekly payments of $99 for 48 months, the total lease obligation is $11,827, including down payment (or equivalent trade-in) of $1,495. As shown, Offered Pricing for new 2016 Mazda3 GT (04TL69AA00) with a lease APR of 0.49% and 104 bi-weekly payments of $142 for 48 months, the total lease obligation is $16,254, including down payment (or equivalent trade-in) of $1,495. Lease payments include freight and P.D.E. of $1,695, $10 OMVIC fee (all models), $23.75 Tire Stewardship fee (all models), and $100 Air Conditioning charge (where applicable). PPSA of $75.28 and first monthly payment are due at lease inception. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ (12¢/km for CX-9 models) per km applies. Offers exclude HST. Offered leasing available to retail customers only.
Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid October 1 - 31, 2016, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.
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Texas Titan makes debut at State Fair

The custom package for the Nissan Texas Titan includes a special chrome grille, 20-inch aluminum alloy wheels and metallic-finish kick plate. HANDOUT

SPECIAL EDITION

Company capitilizes on state's love of trucks

Stephen Elmer
AutoGuide.com

Nissan is joining in the feeding frenzy that is Texas pickup truck sales by adding the new Texas Titan to the lineup.

The custom appearance package includes a special chrome grille, 20-inch aluminum alloy wheels, metallic-finish kick plates, Titan Texas floor mats, a chrome exhaust and finally Texas Titan badging all around.

Every manufacturer offers a special-edition model just for Texas to try and capitalize on the Lone Star State's love for trucks, and Nissan is no different.

OPTIONS

Four-wheel drive is available with the package.

The Texas Titan package will be available on both the half-ton Titan and Titan XD. On the smaller truck it can be had on two trim levels while the XD offers the package on four trim levels.

FCA

Ram 1500 Lone Star goes Silver

Stephen Elmer
AutoGuide.com

Ram has revealed a new Texas-only edition of its truck along with a few packaging changes for 2017.

The Ram 1500 Lone Star will now be available with the Silver Edition, not surprisingly bringing along a chrome surrounded grille, bright belt moldings, chrome mirror caps, chrome side steps, 20-inch wheels and a Lone Star badge made from milled-aluminum on the grille.

Inside, the seats can be had with a sporty cloth and vinyl setup finished in either brown, beige, black or gray. Lone Star Silver Edition trucks will cost an extra $900 U.S., with Ram saying the base MSRP should sit at $40,315 U.S.

Besides that new Silver Edition version, Ram has added features to Limited and Longhorn trucks as well. Limited-trim trucks can now be had with black RAM lettering on the tailgate for a cost of $195 U.S.

Longhorn models get new bright-chrome grille and belt molding options.

The new billet port grille with the large RAM lettering on the front will also be available for Longhorn models by late 2016.

For all 2500 and 3500 Laramie, Longhorn and Longhorn Limited models, the 6.4-litre HEMI V8 will now be the standard powerplant, while all four-wheel drive models will now use Bilstein monotube shocks as standard.

A new 4×4 off-road package is also now available for all 2500 models that includes new shocks, hill-descent control, a limited-slip differential, all-terrain tires, transfer case skid plate, fender flares and a new 4×4 Off-road graphic.

Finally, Ram rolled out the 1500 Night Package, complete with black 20-inch wheels, a blacked out grille and black badges.

Besides looks, the Night Package also comes with a cat-back exhaust, cold-air intake and black running boards from Mopar.

metro SPORTS

The Blackhawks are the odd-on favourites, according to Westgate Las Vegas SuperBook, to win the Stanley Cup at 6-1

Bad blood yet to flow in budding rivalry

Bruce Arthur

Indians catcher Roberto Perez and Edwin Encarnacion of the Blue Jays exchange words on Aug. 21 in Cleveland. JASON MILLER/GETTY IMAGES

Finally, Toronto will have its revenge. Or have a chance at its revenge. Or its rematch, sort of; revenge seems a little strong, to be honest. Either way, our ancient enemy is at the gates again, threatening the sports joy of our city. Yes, it's Cleveland. In Toronto, we have always been at war with Cleveland.

Or at least since May, when the Cleveland Cavaliers knocked the Toronto Raptors out in Game 6 of last season's NBA Eastern Conference final a game or two later than most people figured they would.

But now the tables have turned, and the winds have shifted, and the tides have come and gone. Or something? Anyway, it is time for the American League Championship Series between the Toronto Blue Jays and the Cleveland Indians, whose team name is only uncontroversial because Washington's NFL team name is an actual racial slur, rather than merely a lazy and racially uncomfortable anachronism. Just like Ohio to do something like that.

Am I making fun of Cleveland? Why, maybe I am! Sure, some people say that sports columnists spending their ink punching down at a sports opponent's city in broad and condescending terms is one of the laziest and least interesting forms of journalism, but I am capable of being lazy and uninteresting, if need be.

So: Lake Erie once caught fire! Or maybe it was the Cuyahoga River! Maybe it was that they used to be able to develop film in Lake Erie? Also, how about ... well, your legacy of sports losses! Which ended in, uh, June, after beating Toronto. Hey, congratulations, you guys.

My heart's not in this. Cleveland had to host the Republican convention that nominated Donald Trump, plus, the Browns. They have suffered enough.

Besides, LeBron James doesn't play baseball, and it's Toronto who should be favoured in this series.

The Jays hit 10 home runs in four playoff games against Baltimore and Texas, and lead this shard of playoff sample size in on-base-plus-slugging at .863. Cleveland is second at .776, but when the Jays are mashing they feel like themselves. If they are themselves it should be tough for Cleveland, this time.

"I mean, we couldn't ask for a whole lot more (so far in the playoffs)," says pitcher J.A. Happ. "It's tough to do that every game, but it would be nice if we could, and I think it will give us some confidence going in. Because playing that way is kind of what we've been searching for for a while."

Cleveland, meanwhile, lost starting pitchers Danny Salazar and Carlos Carrasco to injuries within 10 days of one another in early September, and Salazar might come back in a bullpen role. Their Game 3 starter in defusing Boston's league-leading offence, Josh Tomlin, throws slow fastballs that get hit into the parking lot if he misses. Corey Kluber is Cleveland's best pitcher. After that, they drop off and need their excellent bullpen. It's a little like, uh, Kansas City last year.

Still, that means the Jays have four of the five best starting pitchers in the series.

There's no hate in anyone's heart for Cleveland, despite the initially unfriendly reaction to team president Mark Shapiro and GM Ross Atkins coming here from there. There is no real rivalry between us, no ravenous venom, no lasting bitterness.

Not yet, anyway. Give it a few games, and we'll be setting fire to their rivers in no time.

Bruce Arthur is a sports columnist for the Toronto Star.

ALCS

Estrada gets nod for Blue Jays in Game 1

Marco Estrada GETTY IMAGES

Toronto right-hander Marco Estrada set the early tone for the American League Division Series in his start last week in Texas.

The Blue Jays are hoping for a repeat performance in the AL Championship Series on Friday in Cleveland.

Manager John Gibbons confirmed Tuesday that Estrada will be the Game 1 starter at Progressive Field.

"I think he was the logical choice," Gibbons said. "We could have gone with anybody and felt good. But he's been so good in that role and then we'll just shape it after him in these next couple days." THE CANADIAN PRESS

NLDS

Dodgers cling to life, force deciding battle

Chase Utley's big hit in Los Angeles, Tuesday. GETTY IMAGES

Chase Utley singled home the tiebreaking run with two outs in the eighth inning after the Dodgers' bullpen faltered in relief of Clayton Kershaw, and Los Angeles avoided elimination Tuesday with a 6-5 victory over the Washington Nationals that forced a deciding Game 5 in their NL playoff.

Kenley Jansen worked the ninth for a save, one day after giving up four late runs during Los Angeles' loss in Game 3.

Game 5 is Thursday in Washington, with 20-game winner Max Scherzer set to pitch for the Nationals.

Dodgers manager Dave Roberts said he will use left-hander Rich Hill and rookie Julio Urias, but did not announce which one will start.

After failing to close out the Dodgers on the road, Washington will get one more chance Thursday to win a playoff series for the first time since the franchise relocated from Montreal. NL East champions in three of the past five years, the Nationals were unable to advance during their two previous trips to the post-season. THE ASSOCIATED PRESS

MEDIA

Howarth refuses to use Cleveland team name

Blue Jays radio broadcaster Jerry Howarth won't be using the word "Indians" when he calls the American League Championship Series between Toronto and Cleveland, and he says he hasn't uttered the team nickname on the air for nearly 25 years.

Howarth told The Fan 590 on Tuesday that he stopped using team names like Indians and Braves and terms such as tomahawk chop and powwow on the mound after receiving a letter from an indigenous fan after Toronto defeated Atlanta in the 1992 World Series.

He called it "one of the best fan letters I've ever received."

"He said 'Jerry, I appreciate your work but in the World Series, it was so offensive to have the tomahawk chop and to have people talk about the powwows on the mound and then the Cleveland Indians logo and the Washington Redskins.' He just wrote it in such a loving, kind way. He said 'I would really appreciate it if you would think about what you say with those teams."'

Howarth wrote the man back, promising he would stop using Indians, Braves and other offensive words.

"I haven't from that point on," he said.

THE CANADIAN PRESS

MLB IN BRIEF

Sportsnet scores ratings hit in Jays' latest victory

An average of 4.73 million viewers watched Sunday's pivotal Game 3 of the American League Division Series between the Toronto Blue Jays and Texas Rangers.

Rogers Sportsnet, the official broadcaster of the series in Canada, announced the figures on Tuesday night.

Toronto's climactic 7-6 victory became Sportsnet's most-watched program of 2016 and third most-watched broadcast of all time. THE CANADIAN PRESS

Farrell's job in Boston is safe for another season

John Farrell will be back as the Boston Red Sox manager in 2017.

President of baseball operations Dave Dombrowski made the announcement on Tuesday, a day after the club was swept out of their American League Division Series by the Cleveland Indians.

Dombrowski said the season was a success after the ballclub went from worst to first to win the AL East.

THE ASSOCIATED PRESS

Taking the wheel

NHL SEASON PREVIEW

New crop of talent primed for big-league test in Toronto

From left: top Leaf rookies Auston Matthews, William Nylander and Mitch Marner. VAUGHN RIDLEY/GETTY IMAGES

Just over two months after Brendan Shanahan was hired to lead the Toronto Maple Leafs, the club used its top draft pick on small but skilled Swedish teenager William Nylander.

The selection back in 2014 quickly established the direction of the club under Shanahan, which will be evident this season when a group of speedy, talented young players join the Leafs.

Nylander will be one of six rookies on the opening day roster (all but one acquired under Shanahan) and one of 11 players aged 24 and younger. Two teenagers are in that mix: Auston Matthews, the No. 1 overall pick, and Mitch Marner, a shifty first-round pick from 2015.

Just how quickly that youth acclimates to the NHL will likely define the trajectory of Toronto's season.

"I think as the year goes on, with how many young guys we have, I think we're just going to get exponentially better than just your average team just because we have so much youth," said James van Riemsdyk, a veteran at 26. "Guys that are just going to get that experience and get better when they get that kind of experience."

Head coach Mike Babcock expressed caution in training camp about the effects of so many young players in the same lineup at once. The Edmonton Oilers of recent years remain the NHL's cautionary tale of going too young too fast (with limited defence and goaltending) to the point of dysfunction.

Babcock said his youngest players needed to learn how to play and compete, that chasing points and ferreting around the puck for fun wouldn't work in the NHL.

"That's something that everyone kind of struggles with when you're younger," said forward Nazem Kadri.

Nylander seems aware of challenges the NHL presents.

> **Now it's the real deal and we want to get off on the right foot.**
> New Maple Leafs goalie Frederik Andersen

ANDREW FRANCIS WALLACE/ TORSTAR NEWS SERVICE

OPENING NIGHT

Maple Leafs at Senators, Wednesday, 7 p.m.

"There's more skilled guys, smarter guys," he said. "They try to beat you more than players down in other leagues. They'll always try to beat you in any way they can."

Former Blues defenceman Roman Polak recalled how 40-goal-scorer Vladimir Tarasenko needed a year or two to figure out the league. Polak said the young Leafs weren't going to be home run hitters right away. It would be a process and, as van Riemsdyk pointed out, maintaining a high level of consistency for 82 games is a real challenge, especially in those first NHL seasons.

Babcock is the right coach to lead the group. He almost instantly instilled structure and discipline in his first season as Leafs coach as Toronto ranked 17th in puck possession (a good indicator of quality coaching) despite having the NHL's weakest pool of talent.

The Leafs are all but certain to eclipse last season's NHL-worst 69 points with a significantly more entertaining product.

"Younger, faster, more skilled," Polak said of differences in the team.

THE CANADIAN PRESS

CONCUSSION UPDATE

Injury experience in Crosby's corner

Sidney Crosby collided with a Pittsburgh Penguins teammate last Friday at practice and thought nothing of it. Just one of those things.

When the two-time MVP woke up Saturday, though, the headache he experienced felt familiar and he was hardly surprised by the concussion diagnosis that will keep him out indefinitely.

It's well-worn territory to be sure for a player who missed the better parts of two seasons following a blindside hit to the head in January 2011.

That doesn't mean, however, that what Crosby's dealing with now will linger as long — or as frustratingly — as those interminable two years when he wondered when he'd get right.

Sidney Crosby THE ASSOCIATED PRESS

If anything, what he endured then will help him going forward.

"I think going through it, you understand the process and I think that progress is a good thing," he said.

Crosby felt good enough on Tuesday to spend nearly an hour on the ice, skating alongside injured teammates Bryan Rust and Matt Murray, but he declined to set any sort of timeline on when he may return.

THE ASSOCIATED PRESS

NHL IN BRIEF

Ristolainen, Sabres get deal done in the 11th hour

Sabres defenceman Rasmus Ristolainen can finally focus on starting the season now that contract talks are out of the way.

"It's great to get this done. Now I have a couple of days to turn my mind 100 per cent for the season," Ristolainen said on Tuesday. "I'm 100 per cent ready now."

Ristolainen spoke a few hours after signing a six-year, $32.4-million contract in a deal reached two days before Buffalo opens the season by hosting the Montreal Canadiens.

THE ASSOCIATED PRESS

> **I did a good job getting game speed for the World Cup.**
> Johnny Gaudreau, who practised with the Calgary Flames for the first time this fall ahead of Wednesday night's season opener against the Oilers

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Leaning on stars inevitable

RAPTORS

Casey knows he can't reduce minutes of Lowry, DeRozan

Kyle Lowry and DeMar DeRozan scrimmage during Tuesday's practice at Air Canada Centre. RENE JOHNSTON/TORSTAR NEWS SERVICE

Dwane Casey is a realist and an honest man, he understands what's necessary for the benefit of his Toronto Raptors and has laid it on the line.

In a perfect world, of course, Casey would be able to get tons of rest for his two best players while his team wins games and everyone's happy. But this an imperfect world, the Raptors are heavily reliant on DeMar DeRozan and Kyle Lowry and that's probably not going to change.

So to think the two all-stars will get lots of time off, nights of rest in November to save wear and tear on their bodies for April, May and, they hope, June, is to deny the reality of the situation at the moment.

"I'd like to sit here and lie to you and say I'd like to take their minutes off," Casey said of his load-bearing backcourt.

And then comes the 'but.'

"For me as a coach, it's hard to look over the bench and see DeMar and Kyle sitting over next to me; I think the numbers prove it out."

There is no question the Raptors rode Lowry and DeRozan heavily last season and the team's ascent to Eastern Conference finalist was the reward. Lowry played the second most minutes per game in the league (37, behind only Houston's James Harden at 38.1) and DeRozan was in the top 10 at 35.9.

They are also both coming off not only the longest seasons of their NBA careers but a summer spent with the United States Olympic team, not a particularly heavy on-court grind but still time in a gym instead of on some kind of vacation.

Casey, and his bosses, would love to ease that load this season and they probably will in the end but by how much is to be determined by those around the two all-stars rather than themselves. Toronto desperately needs one of the team's backups to develop a level of consistency to ease Casey's mind, a search that is ongoing.

"I hope that one of the young guys steps up and be consistent where we can take them off," the coach said. TORSTAR NEWS SERVICE

NBA — COURT

Rose suspected his ex would claim rape

The night after Derrick Rose and two of his friends had sex with his ex-girlfriend, he had a hunch she was going to claim they raped her, the NBA star testified Tuesday.

Rose said he became suspicious of the woman when she texted later the same day of the alleged attack in August 2013 to say how inebriated she had been and to describe burns she claimed she got on her hands from a fire pit outside his Beverly Hills house. Rose said he believed she was sober and never witnessed any burns the night before.

"It looked like a setup," Rose said. "It turned out to be what I thought." Rose was testifying for a second day in the $21.5 million lawsuit that claims he and his friends had sex without the woman's consent when she was incapacitated from drinking and, possibly, drugs.

Derrick Rose GETTY IMAGES

The woman claims the three entered her apartment and had sex with her while she was blacked out after drinking tequila at Rose's rental house earlier.

Rose said the woman was sober and he assumed consent based on their past, a text message she sent out of the blue that morning saying he made her "horny" and her behaviour throughout the day and night.

Rose testified he was raised by a single mother, who was his mentor and had taught him to respect women. Attorneys for the woman showed video taken of Rose in June testifying at his deposition in which he said he didn't understand the word consent. THE ASSOCIATED PRESS

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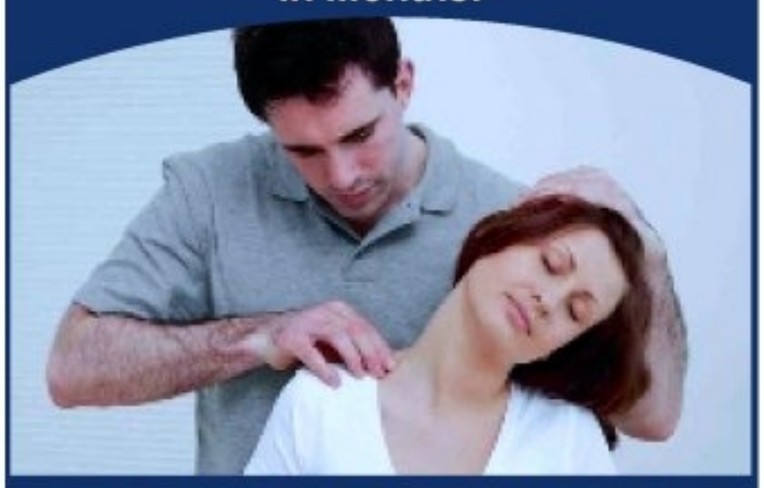

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PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This sweet and savoury combination is dinner-party worthy but simple enough for weeknight meal.

Ready in 30 minutes
Prep time: 5 minutes
Cook time: 25 minutes
Serves 4

Ingredients
- 1 Tbsp olive oil
- 4 chicken thighs
- 2 shallots, sliced
- 3 cloves of garlic, minced
- 3 cups red seedless grapes
- 1 cup chicken stock
- 1 Tbsp balsamic vinegar
- 1 Tbsp brown sugar
- 2 Tbsp dried thyme

Directions
1. Preheat oven to 400 degrees.
2. In a large, oven-safe skillet, warm olive oil over medium high heat. Brown, but don't worry about cooking through, chicken thighs, 3 minutes each side. Remove from skillet and place on a clean plate.
3. Reduce heat under skillet to medium and toss in shallots and garlic. Cook 3 minutes until they soften. Add grapes, stock, vinegar, sugar and thyme and give everything a good stir. Allow the sauce to begin to simmer.
4. Nestle chicken pieces into the sauce and place the skillet in the oven. Bake 20 minutes.
5. Serve over couscous, mashed potatoes or polenta.

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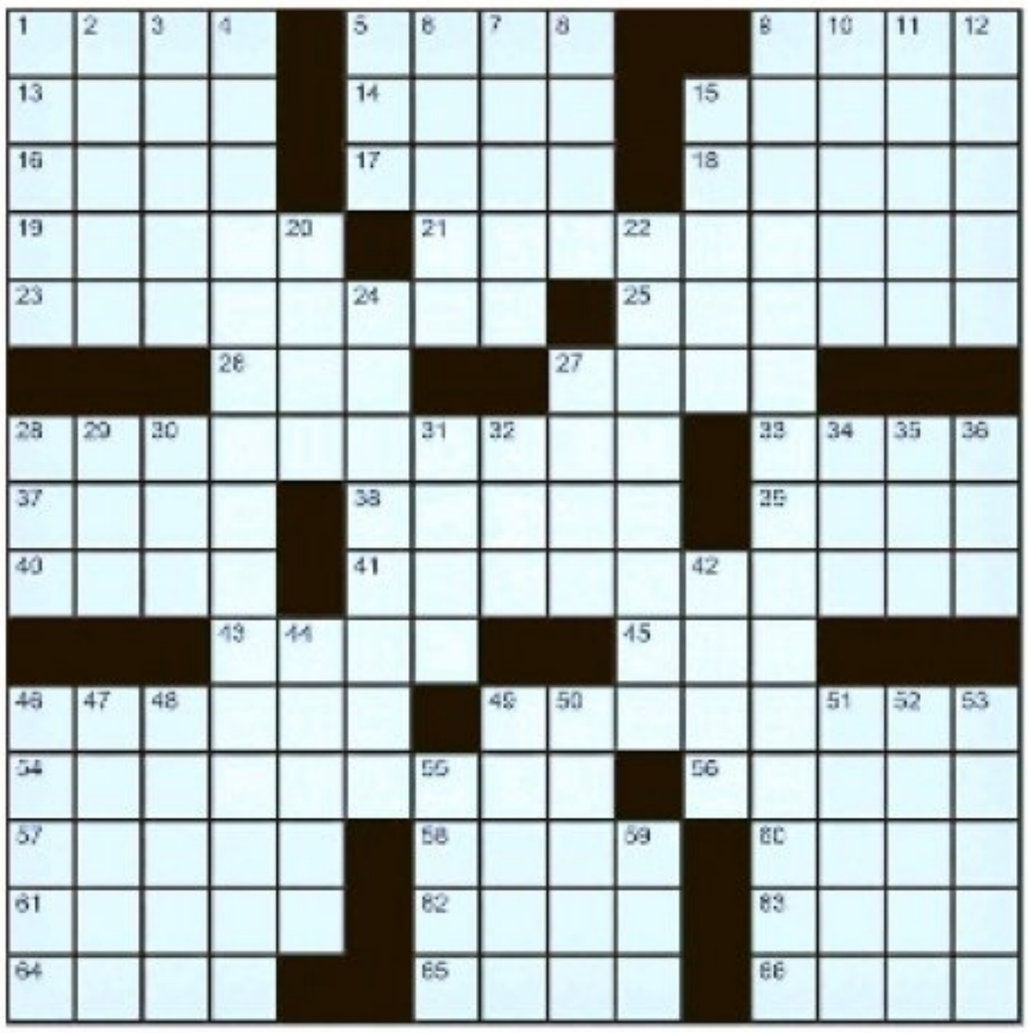
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Coral _
5. Pretends
9. Strawberry and Raspberry, in jars
13. North-Eastern Canada: People whose homeland is called Nitassinan
14. _ muffins
15. Parking attendant
16. Animal den
17. Pacific Northwest salmon
18. School, in Hull
19. Les _-Unis (United States, in Sherbrooke)
21. Nickname
23. Reduction
25. Dodges
26. Swiss peak
27. Headquarters
28. 1991 Tragically Hip album on which the tune at #9-Down is a track: 2 wds.
33. Flat-bottomed vessel
37. Competent
38. Uprising uproars
39. McIntosh's middle
40. Kilometre's cousin in The States
41. Is emulating a fugitive, is what?: 3 wds.
43. Give in
45. Old French coin
46. More, at any concert
49. Stood firm
54. Mothers of some cubs
56. Look and look
57. Plane: French
58. _-daisy
60. Mr. Clapton
61. Ms. Hopkins of '80s sitcom "Gimme a Break!"
62. Scottish slope
63. _ _ extra cost
64. Simple
65. Some beans
66. Cdn. hockey competition in 1972

DOWN
1. Miffed
2. Related maternally
3. 1946: 'Giant Brain' computer
4. The Bane of Beavers/The Beginnings of Business... Canada's commerce commencer: 3 wds.
5. "When Smokey Sings" band
6. _-examination
7. Lake _ (American resort)
8. High-hatter
9. Underwater explorer in The Tragically Hip song "Twist My Arm": 2 wds.
10. Not silently
11. Type of disturbance
12. Leaves in, in proofreading
15. Bridal accessories
20. Ms. Ward
22. Consider things with fresh eyes
24. Sanctions
27. Title lady of a KISS ballad
28. Bash
29. Geisha's outfit accessory
30. Everything
31. Hanker
32. Movie studio area
34. Dove's patter
35. Surgery sites, shortly
36. Tiny
42. Miss Lane of comics
44. Field
46. Uplift
47. Skin care company
48. Springs
49. Artwork like the original, informally
50. Magazine piece
51. Fruit-filled pastries
52. Brockovich and Moran
53. Home designer's interest
55. Stand-ins
59. Approving answer

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today you feel so tenderhearted that you are willing to put the interests of others before your own. In fact, you will find it rewarding to be able to help someone who is less fortunate.

Taurus April 21 - May 21
You might idealize a friend today. In one way, this promotes a warm friendship. Nevertheless, it's always wise to be realistic.

Gemini May 22 - June 21
Someone in a position of authority (boss, parents or VIPs) will be aware of your efforts to help someone who is in need of assistance. This might inspire others to do likewise.

Cancer June 22 - July 23
Because your appreciation of beauty is heightened today, give yourself a chance to enjoy beautiful things and places. Visit art galleries, museums, architectural buildings and landscaped parks.

Leo July 24 - Aug. 23
If you are sharing something with someone today, don't give away the farm. There is such a thing as "idiot compassion." Remember: You count, too.

Virgo Aug. 24 - Sept. 23
Relations with partners and close friends will be warm and friendly today. If you can do something to help someone, it will be gratifying for both of you.

Libra Sept. 24 - Oct. 23
A co-worker might confide in you today or need some counselling. Or perhaps he or she just needs a sympathetic ear. Whatever the case, you are willing.

Scorpio Oct. 24 - Nov. 22
You feel tender toward the needs of children today. If you can help a young person, you will. Meanwhile, romance is starry-eyed and dreamy!.

Sagittarius Nov. 23 - Dec. 21
You feel genuine concern and compassion for a family member today. This is why you want to show your support for them in any way that you can. This will be a win/win situation.

Capricorn Dec. 22 - Jan. 20
Don't worry if you spend a lot of time daydreaming or being lost in thoughts about fantasies. After all, everyone needs a day like this now and then.

Aquarius Jan. 21 - Feb. 19
Be careful with financial matters today because you are inclined to overlook details. Don't be a sucker for a sob story. Make sure you know what you're doing.

Pisces
Feb. 20 - March 20
Today the Moon is lined up with your ruler, Neptune. This enhances your psychic feelings. It also makes you very sympathetic to others.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	5		8				3	
6		9		2		4		7
					1			
		1						9
	2			3			8	
5						6		
			6					
3		2		8		9		4
	9				5		6	

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

5	3	9	2	8	6	1	4	7
4	6	8	7	1	5	3	2	9
1	2	7	4	3	9	6	8	5
9	8	4	5	7	1	2	3	6
3	7	1	6	2	4	5	9	8
2	5	6	8	9	3	7	1	4
7	9	2	1	5	8	4	6	3
8	4	5	3	6	2	9	7	1
6	1	3	9	4	7	8	5	2

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